

# JANUARY



# 2024

HAPPY NEW YEAR

**Tanglewood Village**  
QUALITY  
SENIOR LIVING

**1293 South 34th St. Decatur, IL 62521**

**Call Us @ (217) 423-5838**

8<sup>th</sup> Jessica

11<sup>th</sup> Doris Bn

19<sup>th</sup> Judy M

27<sup>th</sup> Joan E

Legends are  
Born in January

Happy Birthday!





HAPPY NEW YEAR!

The Beauty Shop will  
be closed on Tuesday,  
January 9<sup>th</sup> & January 30<sup>th</sup>.

*Thanks,  
Shelly*



# WINTER



# WORD SEARCH

BOOTS	HOT COCOA
MITTENS	HAT
ICICLE	SCARF
SNOWMAN	SNOWFLAKE
JACKET	FROZEN
PENGUIN	WINTER
SKIING	FIREPLACE
SLEDDING	SWEATER

Search the puzzle below to find the 16 winter related words.

J	H	I	O	E	Z	V	V	O	H	D	D	Y	V	J
X	O	F	Q	D	M	V	F	K	J	H	S	D	F	O
B	T	G	G	F	I	R	E	P	L	A	C	E	R	M
O	C	E	V	R	I	P	G	P	X	P	A	Z	O	F
O	O	S	K	I	I	N	G	R	A	E	R	H	Z	S
T	C	F	C	Z	D	M	W	Q	Z	N	F	A	E	L
S	O	L	O	L	G	P	D	D	N	G	N	T	N	E
P	A	F	K	M	Y	W	W	H	W	U	R	S	V	D
W	Q	U	X	U	C	U	V	D	Y	I	S	W	R	D
I	S	N	O	W	F	L	A	K	E	N	N	E	J	I
N	C	T	Q	T	L	K	O	P	H	K	O	A	A	N
T	I	I	P	W	G	X	X	R	J	F	W	T	C	G
E	G	E	C	M	I	T	T	E	N	S	M	E	K	O
R	G	E	X	L	K	Q	G	S	Z	T	A	R	E	P
H	U	D	X	G	E	W	C	Q	H	L	N	Z	T	N



# WORD SCRAMBLE

Try and unscramble the 5 winter related words below.

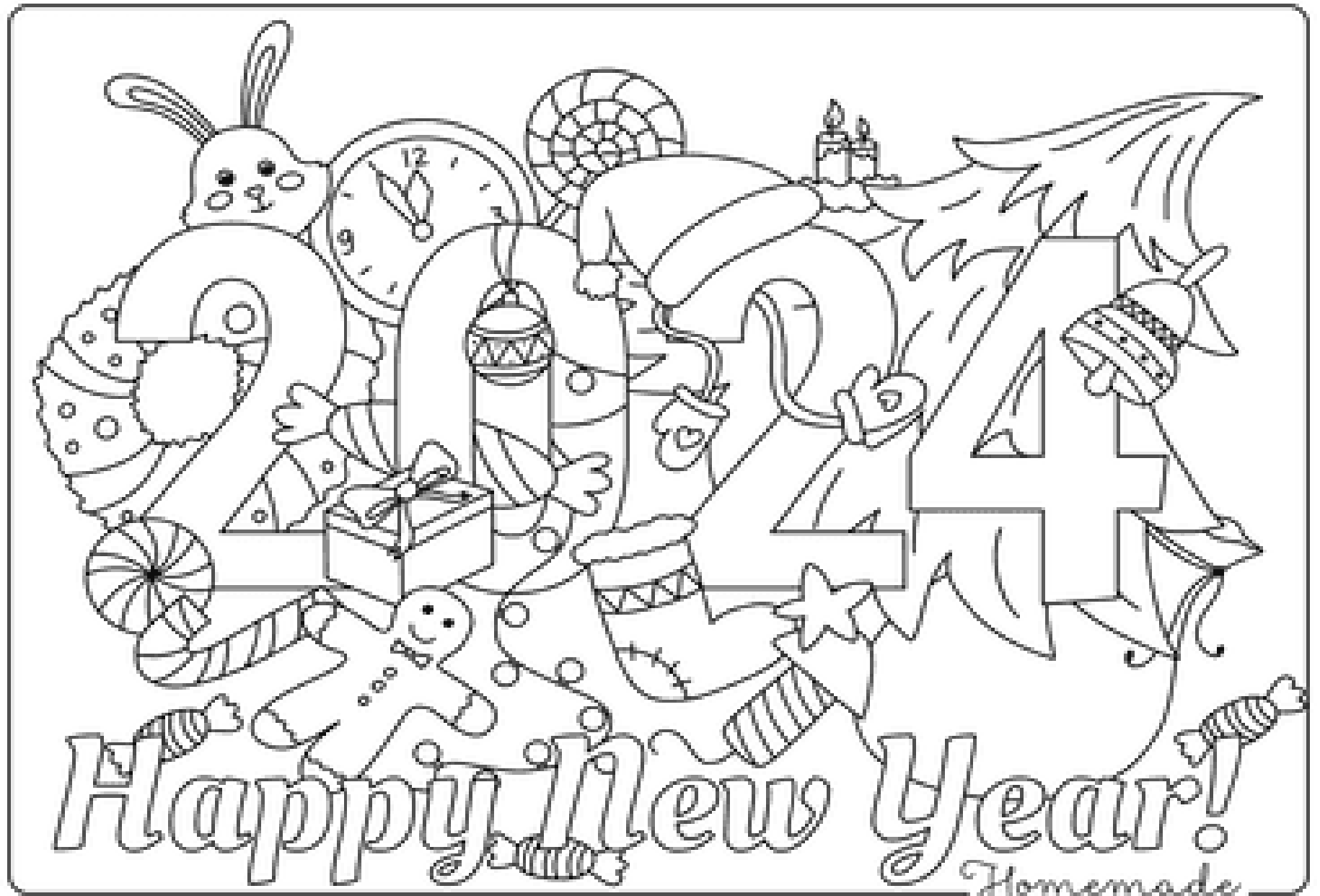
RADIBZZL \_\_\_\_\_

OWROSSNTM \_\_\_\_\_

GNIEREFZ \_\_\_\_\_

OHT ETOCCOHAL \_\_\_\_\_

ODLC \_\_\_\_\_



Homemade  
GIFTS MADE EASY





# January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
	<p><b>1</b></p> <p><b>10:30</b> Morning Stretch</p> <p><b>1:00</b> BINGO</p> <p><b>5:45</b> Train</p>	<p><b>2</b></p> <p><b>10:00</b> Men's Group &amp; Women's Group</p> <p><b>1:00</b> Sensible Hearing</p> <p><b>2:00</b> Walmart</p>	<p><b>3</b></p> <p><b>10:30</b> Morning Stretch</p> <p><b>1:00</b> Bible Study</p> <p><b>6:00</b> Canasta</p>	<p><b>4</b></p> <p><b>10:00</b> Dollar General</p> <p><b>1:00</b> Farm &amp; Fleet</p> <p><b>5:45</b> Train</p>	<p><b>5</b></p> <p><b>10:30</b> Morning Stretch</p> <p><b>1:00</b> KENO</p> <p><b>4:00</b> Happy Hour</p>	<p><b>6</b></p> <p><b>Community Area Games 24/7</b></p> <p><b>1:00</b> Art Time</p> <p><b>6:00</b> Bingo</p>

# January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7</p> <p><b>3:30</b> <b>Sunday Services</b></p>  <p><b>6:00</b> <b>Movie Night</b></p>	<p>8</p> <p><b>10:30</b> <b>Morning Stretch</b></p> <p><b>1:00</b> <b>Bingo</b></p> <p><b>5:45</b> <b>Train</b></p>	<p>9</p> <p><b>10:00</b> <b>Men's Group &amp; Women's Group</b></p> <p><b>10:00</b> <b>PAWPRINTS</b></p> <p><b>2:00</b> <b>Walmart</b></p>	<p>10</p> <p><b>10:30</b> <b>Morning Stretch</b></p> <p><b>1:00</b> <b>Bible Study</b></p> <p><b>6:00</b> <b>Canasta</b></p>	<p>11</p> <p><b>10:00</b> <b>Aldi</b></p> <p><b>2:30</b> <b>Library</b></p> <p><b>5:45</b> <b>Train</b></p>	<p>12</p> <p><b>10:30</b> <b>Morning Stretch</b></p> <p><b>1:00</b> <b>KENO</b></p> <p><b>4:00</b> <b>Happy Hour</b></p>	<p>13</p> <p><b>Community Area Games 24/7</b></p> <p><b>1:00</b> <b>ArtTime</b></p> <p><b>6:00</b> <b>Bingo</b></p>
<p>14</p> <p><b>3:30</b> <b>Sunday Services</b></p>  <p><b>6:00</b> <b>Movie Night</b></p>	<p>15</p> <p><b>10:30</b> <b>Morning Stretch</b></p> <p><b>1:00</b> <b>Bingo</b></p> <p><b>5:45</b> <b>Train</b></p>	<p>16</p> <p><b>10:00</b> <b>Men's Breakfast (out)</b></p> <p><b>10:00</b> <b>Women's Group</b></p> <p><b>2:00</b> <b>Walmart</b></p>	<p>17</p> <p><b>10:30</b> <b>Morning Stretch</b></p> <p><b>1:00</b> <b>Bible Study</b></p> <p><b>6:00</b> <b>Canasta</b></p>	<p>18</p> <p><b>10:00</b> <b>Dollar Tree</b></p> <p><b>1:00</b> <b>Thrifting</b></p> <p><b>5:45</b> <b>Train</b></p>	<p>19</p> <p><b>10:30</b> <b>Morning Stretch</b></p> <p><b>1:00</b> <b>KENO</b></p> <p><b>4:00</b> <b>Happy Hour</b></p>	<p>20</p> <p><b>Community Area Games 24/7</b></p> <p><b>1:00</b> <b>Art Time</b></p> <p><b>6:00</b> <b>Bingo</b></p>

# January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p><b>3:30 Sunday Services</b></p>  <p><b>6:00 Movie Night</b></p>	<p>22</p> <p><b>10:30 Morning Stretch</b></p> <p><b>1:00 Bingo</b></p> <p><b>5:45 Train</b></p>	<p>23</p> <p><b>10:00 Men's Group</b> <b>10:00 Women's Breakfast (out)</b></p> <p><b>1:00 Tea Party</b></p> <p><b>2:00 Walmart</b></p>	<p>24</p> <p><b>10:30 Morning Stretch</b></p> <p><b>1:00 Bible Study</b></p> <p><b>6:00 Canasta</b></p>	<p>25</p> <p><b>10:00 Meet &amp; Greet</b></p> <p><b>12:00 Music w/ Russ</b></p> <p><b>1:00 Hobby Lobby</b></p> <p><b>5:45 Train</b></p>	<p>26</p> <p><b>10:30 Morning Stretch</b></p> <p><b>1:00 KENO</b></p> <p><b>4:00 Happy Hour</b></p>	<p>27</p> <p><b>Community Area Games 24/7</b></p> <p><b>1:00 Art Time</b></p> <p><b>6:00 Bingo</b></p>
<p>28</p> <p><b>3:30 Sunday Services</b></p>  <p><b>6:00 Movie Night</b></p>	<p>29</p> <p><b>10:30 Morning Stretch</b></p> <p><b>1:00 Bingo</b></p> <p><b>5:45 Train</b></p>	<p>30</p> <p><b>10:00 Men's Group &amp; Women's Group</b></p> <p><b>2:00 Walmart</b></p>	<p>31</p> <p><b>10:30 Morning Stretch</b></p> <p><b>1:00 Bible Study</b></p> <p><b>6:00 Canasta</b></p>			



# Health Service

*Sensible*  
HEARING  
Better Hearing. Sensibly Priced.

Tuesday, January 2<sup>nd</sup> @ 1:00p



## Exercises

Monday, Wednesday, & Friday  
@ 10:30a

*Catholic Communion is available in your home.*

*Ask at the front desk.*



JESUS  
Grace  
SAVIOR  
spirit REJOICE pray  
LOVE faith Hope PRAISE  
GRACE God Sacred JOY  
LORD  
pray  
FAITH  
JOY  
SAVIOR  
peace  
PRAY  
SALVATION

Be sure to hang a request in our *PRAYER* Board!!

*“And whatever you ask in prayer, you will receive if you have faith.”*






# **MENU *ENTRÉE* SUBSTITUTES**

<b>B, CB</b>	<b>BURGER <i>or</i> CHEESEBURGER</b>
<b>H</b>	<b>HOT DOG</b>
<b>C</b>	<b>CHICKEN BREAST</b>
<b>G</b>	<b>CHEESE TOASTY</b>
<b>V</b>	<b>VEGETABLE SOUP</b>
<b>S</b>	<b>CHICKEN SOUP</b>
<b>E</b>	<b>EGG SANDWICH</b>
<b>PB</b>	<b>PEANUT BUTTER SANDWICH</b>
<b>FP</b>	<b>FRUIT PLATE w/ YOGURT</b>
<b>VP</b>	<b>VEGETABLE PLATE</b>
<b>Q</b>	<b>SIDE SALAD</b>
<b>CH</b>	<b>CHILI</b>
<b>BS</b>	<b>BROCCOLI CHEESE SOUP</b>
<b>QS</b>	<b>CHEF SALAD</b>

\* Substitution requests are for entrée only.  
We ask you to please submit them to the kitchen  
2 hrs. in advance of the meal.

JANUARY 2024

<b>Sunday</b>	<b>Monday 1</b>	<b>Tuesday 2</b>	<b>Wednesday 3</b>	<b>Thursday 4</b>	<b>Friday 5</b>	<b>Saturday 6</b>
	<u>Breakfast Special</u> Waffle	<u>Breakfast Special</u> Fried Mush	<u>Breakfast Special</u> Omelet	<u>Breakfast Special</u> Pancakes	<u>Breakfast Special</u> Biscuit w/ Gravy	<u>Breakfast Special</u> Breakfast Sandwich
	<u>DINNER</u>  Pork Roast  Black Eyed Peas  Collard Greens  Corn Bread  Grapes  Lucky Cake	<u>DINNER</u>  Baked Cod  Scalloped Potatoes  Coleslaw  Pineapple  Peanut Butter Sheet Cake	<u>DINNER</u>  Deluxe Burger  Tater Tots  Beets  Pears  Peach Pie	<u>DINNER</u>  Spaghetti  Breadstick  Peas & Carrots  Fresh Fruit  Goopy Butter Cake	<u>DINNER</u>  Beef & Noodles  Mashed Potatoes  Carrots  Fruit Mix  Chocolate Cake	<u>DINNER</u>  Meatloaf  Mashed Potatoes  Corn  Fruit Salad  Carrot Cake
	<u>SUPPER</u>  Chef Salad  Hard Boiled Egg  Sliced Apples  Cookie	<u>SUPPER</u>  Pulled Pork  Fries  Pickle  Mandarins  Sugar Cookie	<u>SUPPER</u>  Turkey Tetrazzini  Dinner Roll  Peaches  Banana Cake	<u>SUPPER</u>  Chili  Cornbread  Ambrosia  Buckeye Bar	<u>SUPPER</u>  Chicken Wings  Pasta Salad  Applesauce  Cook's Choice	<u>SUPPER</u>  Beef Stew  w/ Biscuit  Apricots  Cupcake

White, Wheat, or Rye Bread available at Dinner Meals upon request. Look over the Menu & Please Request Substitutes in Advance\*\*Your Choice of Lettuce Salad, Applesauce, or Cottage Cheese on Tuesday, Thursday, and Sunday at Dinner Meals

JANUARY 2024

<b>Sunday</b> 7	<b>Monday</b> 8	<b>Tuesday</b> 9	<b>Wednesday</b> 10	<b>Thursday</b> 11	<b>Friday</b> 12	<b>Saturday</b> 13
<b><u>Breakfast Special</u></b> Donut/Danish	<b><u>Breakfast Special</u></b> Waffle	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	<b><u>Breakfast Special</u></b> Pancakes	<b><u>Breakfast Special</u></b> Biscuit w/ Gravy	<b><u>Breakfast Special</u></b> Breakfast Sandwich
<b><u>DINNER</u></b>  Country Fried Steak  Mashed Potatoes  Green Beans  Creamy Fruit Salad  Cook's Choice	<b><u>DINNER</u></b>  Salisbury Steak  Mashed Potatoes  Corn  Spiced Apples  Chocolate Cream Pie	<b><u>DINNER</u></b>  Fried Shrimp  Macaroni & Cheese  Coleslaw  Fruit Cocktail  Carrot Cake	<b><u>DINNER</u></b>  BBQ Ribs  Au Gratin Potatoes  California Blend  Mixed Fruit  Cherry Cobbler	<b><u>DINNER</u></b>  Catfish  Hushpuppies  Baked Beans  Spinach  Apricots  Lemon Pie	<b><u>DINNER</u></b>  Glazed Chicken Thigh  Baked Potato  Broccoli  Strawberries & Banana  Yum-Yum Cake	<b><u>DINNER</u></b>  Meatloaf  Mashed Potatoes  Vegetable Mix  Fruit Salad  Cook's Choice
<b><u>SUPPER</u></b>  Baked Potato Soup  Pears  Pudding Cup	<b><u>SUPPER</u></b>  Egg Salad (Bread Choice)  Garden Cottage Cheese  Apricots  M&M Cookie	<b><u>SUPPER</u></b>  Sloppy Joe  Sun Chips  Potato Salad  Peaches & Cream	<b><u>SUPPER</u></b>  Ham & Beans  Cornbread  Caramel Apple Salad	<b><u>SUPPER</u></b>  BBQ Meatballs  French Fries  Fruit Cocktail  Snickerdoodle	<b><u>SUPPER</u></b>  Brat (on bun)  Chips  3 Bean Salad  Angel Food Cake w/ Blueberries	<b><u>SUPPER</u></b>  Taco Salad  Corn Chips  Mango  Churro

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JANUARY 2024

<b>Sunday</b> 14	<b>Monday</b> 15	<b>Tuesday</b> 16	<b>Wednesday</b> 17	<b>Thursday</b> 18	<b>Friday</b> 19	<b>Saturday</b> 20
<u><b>Breakfast Special</b></u> Donut/Danish	<u><b>Breakfast Special</b></u> Waffle	<u><b>Breakfast Special</b></u> Fried Mush	<u><b>Breakfast Special</b></u> Omelet	<u><b>Breakfast Special</b></u> Pancakes	<u><b>Breakfast Special</b></u> Biscuit w/ Gravy	<u><b>Breakfast Special</b></u> Danish/Donut
<u><b>DINNER</b></u>  Baked Turkey  Twice Baked Sweet Potato  Stuffing  Broccoli  Mandarin Salad  Granny Cake	<u><b>DINNER</b></u>  Roast Beef  Scalloped Potatoes  Peas & Carrots  Fruit Cocktail  Red Velvet Cake	<u><b>DINNER</b></u>  Salmon Patty  Fried Potatoes  Coleslaw  Spiced Apples  Lemon Crunch Cake	<u><b>DINNER</b></u>  Sweet & Sour Chicken  White Rice  Stir Fry Vegetables  Pineapple & Mango  Coconut Pie	<u><b>DINNER</b></u>  Meatloaf  Mashed Potatoes  Green Beans  Pears  Texas Sheet Cake	<u><b>DINNER</b></u>  Baked Salmon  Baby Bakers  7 Layer Salad  5 Cup Salad  Jello Poke Cake	<u><b>DINNER</b></u>  Pork Tenderloin (w/ Bun)  Onion Rings  Cauliflower  Mixed Fruit  Pecan Pie
<u><b>SUPPER</b></u>  Chicken & Rice Soup  Peaches  Oatmeal Cookie	<u><b>SUPPER</b></u>  Goulash  Cauliflower  Pears  Chocolate Mousse	<u><b>SUPPER</b></u>  Chicken Tenders  Baked Beans  Pretzels  Apple Crisp	<u><b>SUPPER</b></u>  Cream of Mushroom Soup  W/ Roll  Jello w/ Fruit  Cook's Choice	<u><b>SUPPER</b></u>  Chef Salad  w/ Boiled Egg  Fruit  PB Cookie	<u><b>SUPPER</b></u>  Drumstick  Kicked Mashed Potatoes  Corn  Peaches & Cream	<u><b>SUPPER</b></u>  Chili  PB Sandwich  Mixed Fruit  Brownie

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JANUARY 2024

<b>Sunday 21</b>	<b>Monday 22</b>	<b>Tuesday 23</b>	<b>Wednesday 24</b>	<b>Thursday 25</b>	<b>Friday 26</b>	<b>Saturday 27</b>
<b><u>Breakfast Special</u></b> Donut/Danish	<b><u>Breakfast Special</u></b> French Toast	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	<b><u>Breakfast Special</u></b> Pancakes	<b><u>Breakfast Special</u></b> Biscuit & Gravy	<b><u>Breakfast Special</u></b> Danish/Donut
<b><u>DINNER</u></b>  Fried Chicken Mashed Potatoes Green Beans Spiced Apples Pumpkin Pie	<b><u>DINNER</u></b>  Smothered Pork Chop Au Gratin Potatoes Lima Beans Pineapple Angel Food Delight	<b><u>DINNER</u></b>  Ham Loaf Twice Baked Potatoes Beets Pears Honey Bun Cake	<b><u>DINNER</u></b>  Breaded Fish Mac & Cheese Buttered Peas Mixed Fruit Peach Pie	<b><u>DINNER</u></b>  Country Fried Steak Mashed Potatoes Carrots Mandarins Cookies & Cream Cake	<b><u>DINNER</u></b>  Italian Beef w/ Fries Coleslaw Fruit Mix German Apple Cake	<b><u>DINNER</u></b>  Meatloaf Mashed Potatoes Corn Peaches Cook's Choice
<b><u>SUPPER</u></b>  Ham & Beans Cornbread Pickle Pound Cake w/ Strawberries	<b><u>SUPPER</u></b>  Hamburger w/ Fries Peaches Chocolate Pudding	<b><u>SUPPER</u></b>  Taco Salad Corn Chips Mango Churro	<b><u>SUPPER</u></b>  Broccoli Cheese Soup Pears Sour Cream Cookie	<b><u>SUPPER</u></b>  Chicken Tenders Baked Beans Celery Sticks Fruit Salad Brownie	<b><u>SUPPER</u></b>  Sloppy Joe Baked Chips Fruit Salad Cook's Choice	<b><u>SUPPER</u></b>  Chicken Noodle Soup w/ Biscuit Jello w/ Fruit Cookie

White, Wheat, or Rye Bread available at Dinner Meals upon request. Look over the Menu & *Please Request Substitutes in Advance*\*\*Your Choice of Lettuce Salad, Applesauce, or Cottage Cheese on Tuesday, Thursday, and Sunday at Dinner Meals

JANUARY 2024

<b>Sunday</b> 28	<b>Monday</b> 29	<b>Tuesday</b> 30	<b>Wednesday</b> 31	
<b><u>Breakfast Special</u></b> Danish/Donut	<b><u>Breakfast Special</u></b> Waffle	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	
<b><u>DINNER</u></b>  <b>CHICKEN FRIED CHICKEN</b>  Mashed Potatoes  Corn  Fruit Mix  Cook's Choice	<b><u>DINNER</u></b>  Salisbury Steak  Mashed Potatoes  Peas & Carrots  Pears  Cherry Cobbler	<b><u>DINNER</u></b>  Chicken Alfredo  Breadstick  Corn  Mixed Fruit  Strawberry Cake	<b><u>DINNER</u></b>  Baked Cod  Babay Bakers  7 Layer Salad  Fruit  Jello Poke Cake	
<b><u>SUPPER</u></b>  Beef Stew  w/ Roll  Apricots  Brownie	<b><u>SUPPER</u></b>  Chicken Salad Croissant  Broc-Cran Salad  Mandarins  Kitchen Sink Cookie	<b><u>SUPPER</u></b>  Scrambled Eggs  Sausage Link  Mandarins  Cinnamon Roll	<b><u>SUPPER</u></b>  Cheese Burger Soup  w/ Roll  Sliced Apples  Rocky Road Bar	

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# WINTER WORD SCRAMBLE

1. lcdo \_\_\_\_\_

2. nmwnaso \_\_\_\_\_

3. nigrfzee \_\_\_\_\_

4. cie \_\_\_\_\_

5. oftrs \_\_\_\_\_

6. wfksoaenl \_\_\_\_\_

7. soeglv \_\_\_\_\_

8. tha \_\_\_\_\_

9. tcoa \_\_\_\_\_

10. tbsoo \_\_\_\_\_

11. arcsf \_\_\_\_\_

12. olvehs \_\_\_\_\_

13. sswbonall \_\_\_\_\_

14. ddginesl \_\_\_\_\_

15. kngsii \_\_\_\_\_







## WORD SEARCH

C F W E G I C I C L E L A W X N R A	BOOTS
L R S C E T A R B E L E C S C A R F	CELEBRATE
C O B S M C Y Y D R C C Q R E M M R	CHILLY
C S R R G W I I E J K L A Y H W H O	COLD
T T A A C I R G O O F R W D L O C Z	EARMUFFS
V Y R A U N A J N W A E K X T N A E	FREEZE
B O B T E T S P M R N N E C B S Y N	FROSTY
O T R S L E D D I N G N O F I N K E	FROZEN
O E M A I R T E Y P R C X J O O F Y	GLOVES
T G L O V E S G G W O F D R E W M P	HAT
S W X H G I P B N A R E H E N F L E	HOT COCOA
G R E K L A F X S N O W B A L L S C	ICE
D J T E D R K A O S F F U M R A E S	ICICLE
Y D R C E Q R S U M I C E L C K R R	JANUARY
I E J E L A S N O I T U L O S E R G	NEW YEAR
H E Z C I R R O Q L I E J K L A N H	RESOLUTIONS
E E I U D S T W A A C A S G O I F R	SCARF
I T Y R E P P I L S W T A P I Q J N	SKIING
W A E K X V E N C S G E L K B T E R	SLEDDING
C H I L L Y E G B O Y K S N O O T R	SLIPPERY
	SNOWBALL
	SNOWFLAKE
	SNOWING
	SNOWMAN
	WINTER