

# Tanglewood Village

QUALITY  
SENIOR LIVING



**1293 S. 34th St. Decatur IL. 62521**  
**Call Us (217) 423-5838**

# HAPPY BIRTHDAY!



14th Heather

21st Dave

25th Lana

29th Carol

31st Ray

# NEW KIDS ON THE BLOCK

Keep your eye out for your New Neighbors! Be sure to introduce yourself, & give a warm welcome to.....

**Paul**

**Wanda**

**Marty**

# New Patio!



Coming Soon!

Get ready for a

# FALL HARVEST CELEBRATION

Saturday October 7<sup>th</sup>  
4pm-8pm

Please invite your  
family to join us!

Annual Fall Harvest Party  
with food, music,  
&  
Wonderful  
fellowship!



# **! Ready ~ Set ~ GO !**

This month we will be going to Big Lots, Aldi, the Library & more! Stay ahead of our shopping trips & dates.

*!Check the Activity Schedule!*



## **Health Services**

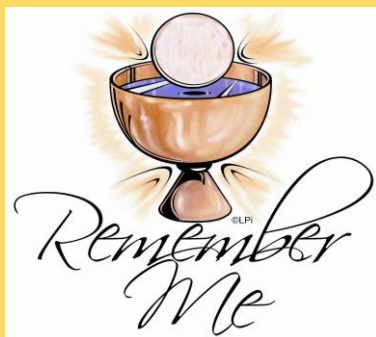
**Sensible Hearing** Tuesday, October 3<sup>th</sup> **1:00p.**  
**Flu Shot Clinic** Thursday, October 12<sup>th</sup> **930-1130a.**



Monday, Wednesday, & Friday @ 8:00 a.m.

*Catholic Communion is available!*

*Ask the front desk.*



Do you need a Prayer? Do you know someone who does?  
Be sure to drop a Prayer on the PRAYER BOARD!!

*“And whatever you ask in prayer, you will receive if you have faith.”*



**GET YOUR FLU SHOT!**

**THURSDAY, OCTOBER 12<sup>TH</sup>**

**9:30A – 11:30A**



# Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>1</p> <p>3:30 Church Service</p>	<p>2</p> <p>10:30 Morning Stretch</p> <p>1:15 Walmart</p> <p>5:45 Train</p>	<p>3</p> <p>10:00 Men's Group</p> <p>10:00 Women's Group Potluck</p> <p>1:00 Sensible Hearing</p> <p>2:00 Bingo</p>	<p>4</p> <p>10:30 Morning Stretch</p> <p>11:00 Kitchen Talk</p> <p>1:00 Bible Study</p> <p>6:15 Bingo</p>	<p>5</p> <p>10:00 Dollar Tree</p> <p>1:00 Hobby Lobby</p> <p>5:45 Train</p> <p>7:00 Prairie Mennonites</p>	<p>6</p> <p>10:30 Morning Stretch</p> <p>1:15 Keno</p> <p>4:00 Happy Hour</p> <p>6:00 Campfire</p>	<p>7</p> <p>Community Games 24/7</p> <p>1:00 Canasta</p>  <p>4-8 w/ Billy G.</p>



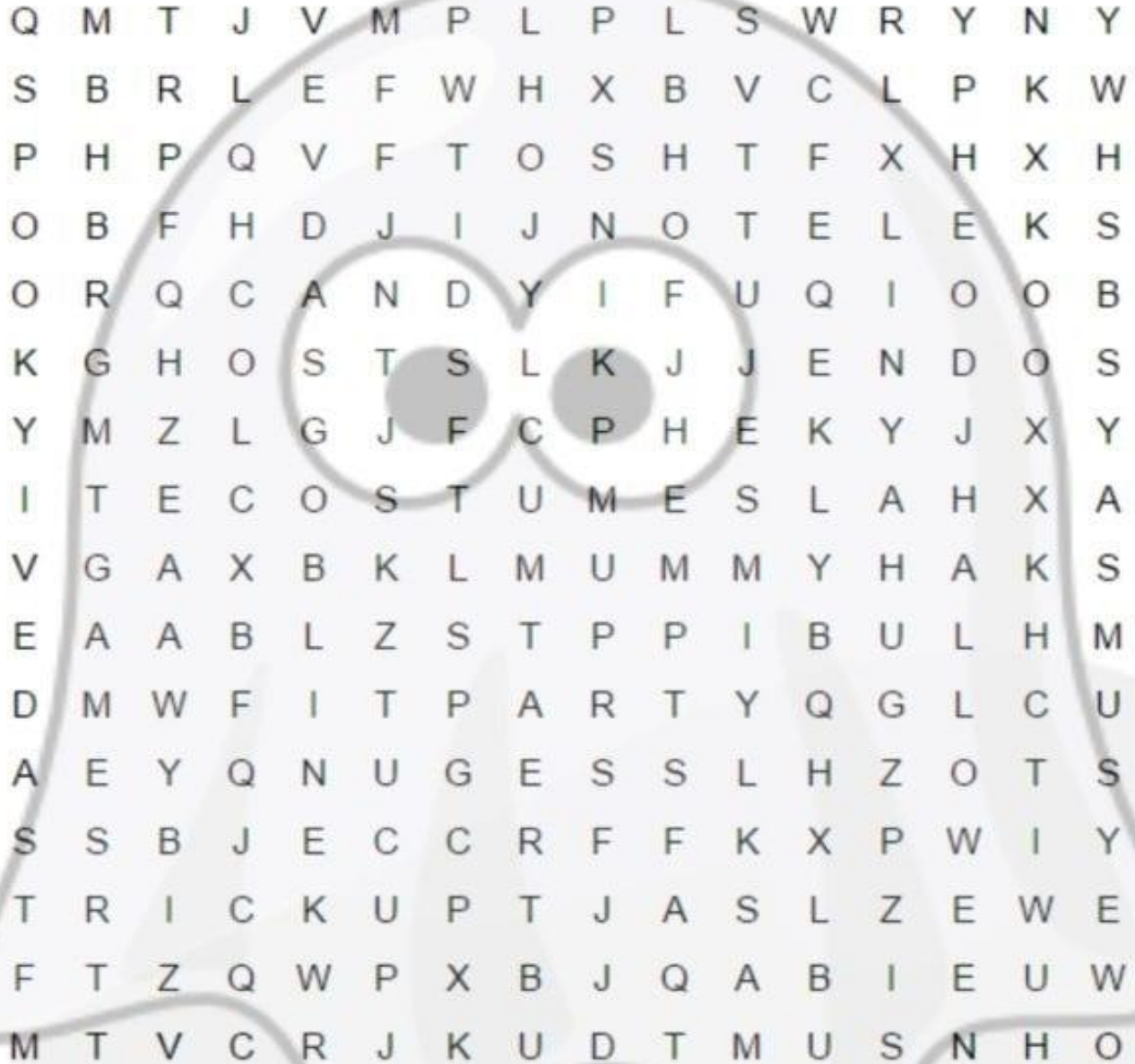
# Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8  <b>3:30 Church Service</b>	9  <b>10:30 Morning Stretch</b>  <b>11:00 Thrifting (Bloomington)</b>  <b>5:45 Train</b>	10  <b>10:00 Men's Group Women's Group &amp; PawPrints</b>  <b>12:00 Heaven Bound</b>  <b>2:00 Walmart</b>  <b>6:00 Fall Concert</b>	11  <b>10:30 Morning Stretch</b>  <b>1:00 Bible Study</b>  <b>6:15 BINGO</b>	12  <b>9:30-11:30 Flu Shots</b>  <b>1:00 Big Lots (Mattoon)</b>  <b>5:45 Train</b>	13  <b>10:30 Morning Stretch</b>  <b>1:15 Keno</b>  <b>6:00 Campfire</b>	14  <b>Community Games 24/7</b>  <b>6:00a Spoon River Drive</b>  <b>1:00 Canasta</b>
15  <b>3:30 Church Service</b>	16  <b>10:30 Morning Stretch</b>  <b>1:15 Keno</b>  <b>5:45 Train</b>	17  <b>10:00 Men's Group (Breakfast)</b>  <b>10:00 Women's Group</b>  <b>2:00 Walmart</b>	18  <b>10:30 Morning Stretch</b>  <b>1:00 Bible Study</b>  <b>6:15 BINGO</b>	19  <b>10:00 Dollar General</b>  <b>1:00 Library</b>  <b>3:00 Aldi</b>  <b>5:45 Train</b>	20  <b>10:30 Morning Stretch</b>  <b>1:15 Keno</b>  <b>4:00 Happy Hour</b>  <b>6:00 Campfire</b>	21  <b>Community Games 24/7</b>  <b>1:00 Canasta</b>  <b>6:00 Tupperware Party</b>

# Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22  <b>3:30 Church Service</b>	23  <b>10:30 Morning Stretch</b>  <b>1:15 Keno</b>  <b>5:45 Train</b>	24  <b>10:00 Men's Group</b>  <b>10:00 Women's Group (Breakfast)</b>  <b>2:00 Walmart</b>	25  <b>10:30 Morning Stretch</b>  <b>1:00 Bible Study</b>  <b>6:15 BINGO</b>	26  <b>10:00 Art</b>  <b>1:00 Thrift Shops</b>  <b>5:45 Train</b>	27  <b>10:30 Morning Stretch</b>  <b>12:00 Halloween Party</b>  <b>1:00 Costume Contest</b>  <b>6:00 Campfire</b>	28  <b>Community Games 24/7</b>  <b>1:00 Canasta</b>
29  <b>3:30 Church Service</b>	30  <b>10:30 Morning Stretch</b>  <b>1:15 Keno</b>  <b>5:45 Train</b>	31  <b>10:00 Men's Group</b>  <b>10:00 Women's Group</b>  <b>2:00 Walmart</b>				

# Halloween Word Search



Q M T J V M P L P L S W R Y N Y  
S B R L E F W H X B V C L P K W  
P H P Q V F T O S H T F X H X H  
O B F H D J I J N O T E L E K S  
O R Q C A N D Y I F U Q I O O B  
K G H O S T S L K J J E N D O S  
Y M Z L G J F C P H E K Y J X Y  
I T E C O S T U M E S L A H X A  
V G A X B K L M U M M Y H A K S  
E A A B L Z S T P P I B U L H M  
D M W F I T P A R T Y Q G L C U  
A E Y Q N U G E S S L H Z O T S  
S S B J E C C R F F K X P W I Y  
T R I C K U P T J A S L Z E W E  
F T Z Q W P X B J Q A B I E U W  
M T V C R J K U D T M U S N H O

BOO  
GAMES  
HALLOWEEN  
PARTY  
SPOOKY  
WITCH

CANDY  
GHOSTS  
MASK  
PUMPKINS  
TRICK

COSTUMES  
GOBLIN  
MUMMY  
SKELETON  
TREAT

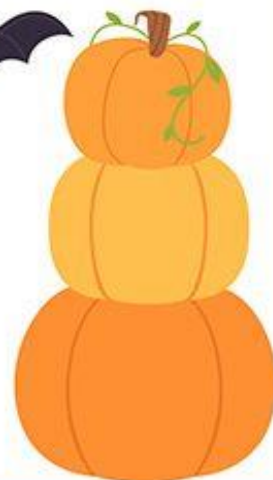
# HALLOWEEN WORD SEARCH

R F E F P R Y M G H Y O Z A Q B F H O H  
 A D C S E A E E O N Y V L K U X X T W I  
 A V S O M F C Z J U L W O F R Z E Q I J  
 M H C Q U G V E L S Q S P A M Q N Z T U  
 I C V R T L E S U O H D E T N U A H C L  
 T D H D S A T H X G L A P U F X F M H A  
 R T U Z O O C S T D E J S P S A B Y Y I  
 V H R S C A R Y N I O O K X W X K A W T  
 V E R I P M A V L E W S E W P F Q M A T  
 U B B C Y C C Y N D Q P L G U A Y J O R  
 H T N A M C A N D Y S R E Y M M U M O I  
 R C J X J R R J T A T X T A P U N E T C  
 H A L L O W E E N D Z H O Z K S G X M K  
 G K Z O N Y T C T L Y H N B I K Q X K O  
 U I N Y J N O S K S S E I P N R B Y N R  
 M W R G G S R T O H N R X Q M Y Z G M T  
 J X X Q N F J W Q H H O R I M P D Q L R  
 F D Z U A I W R X Z G J M U H W Y A O E  
 T A B K O Y K O O P S O W A B B T U E A  
 Z F S H L F U Q Q P I T G J X N M N D T



Bat  
 Pumpkin  
 Halloween  
 Mummy  
 Vampire  
 Witch  
 Spooky  
 Trick or Treat

Fun  
 Ghost  
 Costume  
 Skeleton  
 Candy  
 Scary  
 Monster  
 Haunted House





## ENTRÉE SUBSTITUTES


<u>B, CB</u>	<u>BURGER or CHEESEBURGER</u>
<u>SCS</u>	<u>STRAWBERRY CHICKEN SALAD</u>
<u>C</u>	<u>CHICKEN BREAST</u>
<u>G</u>	<u>GRILLED CHEESE TOASTY</u>
<u>VP</u>	<u>VEGETABLE SOUP</u>
<u>HD</u>	<u>HOT DOG</u>
<u>VP</u>	<u>VEGETABLE PLATE</u>
<u>S</u>	<u>CHICKEN SOUP</u>
<u>HS</u>	<u>HAM SALAD</u>
<u>E</u>	<u>EGG SANDWICH</u>
<u>PB</u>	<u>PEANUT BUTTER SANDWICH</u>
<u>FP</u>	<u>FRUIT PLATE</u>
<u>QS</u>	<u>CHEF SALAD</u>
<u>Q</u>	<u>SIDE SALAD</u>

*Substitutes are for Entrée only.*

Please be courteous to our **WONDERFUL KITCHEN STAFF** by submitting your request for a substitute, at least 2 hours in advance of the meal.

Thank You!! 🙏

**OCTOBER 2023**

SUNDAY 1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7
<u>BREAKFAST</u> Donut or Danish	<u>BREAKFAST</u> Waffles	<u>BREAKFAST</u> Mush	<u>BREAKFAST</u> Omelet	<u>BREAKFAST</u> Pancakes	<u>BREAKFAST</u> Biscuit w/ Gravy	<u>BREAKFAST</u> English Muffin Sandwich
<u>DINNER</u>  Roast Beef  Mashed Potatoes  Carrots  Pineapple  Coconut Cream Pie	<u>DINNER</u>  Chicken Pasta Primavera  Garlic Bread  Peas  Fresh Fruit  Cheesecake	<u>DINNER</u>  Ham Loaf  Twice Baked Potatoes  Broccoli  Pears  Lemon Pie	<u>DINNER</u>  Italian Beef  Fried Potatoes & Onions  Beets  Peaches  TBA Pie	<u>DINNER</u>  Shrimp  Mac & Cheese  Green Beans  Mandarins  Cook's Choice	<u>DINNER</u>  Orange Chicken  Pork Chop  Garlic Mashed Potatoes  Vegetable Mix  Apricots  Lemon Cake	<u>DINNER</u>  Salisbury Steak  Mashed Potatoes  Roasted Corn  Peaches  Pumpkin Cake
<u>SUPPER</u>  Chicken Tenders  Tater Tots  Berries  Peanut Butter Cookie	<u>SUPPER</u>  Turkey Haystack  Corn  Apricots  Spice Cake	<u>SUPPER</u>  Sloppy Joe  Corn Chips  Fruit Salad  Cook's Choice	<u>SUPPER</u>  Brunswick Stew  w/ Biscuit  Taffy Apple Salad  Macaroon	<u>SUPPER</u>  Brats  French Fries  Cole Slaw  Bananas & Strawberries  Cherry Cobbler	<u>SUPPER</u>  Chicken Wings  Potato Salad  Grapes  Pound Cake w/ Fruit	<u>SUPPER</u>    <b>Join Us...</b> <b>Fellowship,</b> <b>Food, &amp;</b> <b>Fun!!</b> <b>4pm-8pm</b>

**OCTOBER 2023**

<b>SUNDAY</b> 8	<b>MONDAY</b> 9	<b>TUESDAY</b> 10	<b>WEDNESDAY</b> 11	<b>THURSDAY</b> 12	<b>FRIDAY</b> 13	<b>SATURDAY</b> 14
<b><u>BREAKFAST</u></b> Donut or Danish	<b><u>BREAKFAST</u></b> Waffles	<b><u>BREAKFAST</u></b> Fried Mush	<b><u>BREAKFAST</u></b> Omelet	<b><u>BREAKFAST</u></b> Pancakes	<b><u>BREAKFAST</u></b> Biscuit w/ Gravy	<b><u>BREAKFAST</u></b> English Muffin Sandwich
<b><u>DINNER</u></b>  Baked Ham  Sweet Potato  Peas & Carrots  Baked Apple  Carrot Cake	<b><u>DINNER</u></b>  Baked Cod  Twice Baked Potato  Cole Slaw  Fruit Cocktail  Peach Crisp	<b><u>DINNER</u></b>  Meatloaf  Mashed Potatoes  Broccoli  Grape Salad  Earthquake Cake	<b><u>DINNER</u></b>  Pepper Steak & Gravy Over Rice  Peas  Pineapple  Peach Pie	<b><u>DINNER</u></b>  Spaghetti w/ Meat Sauce  Breadstick  Corn  Mixed Fruit  German Chocolate Cake	<b><u>DINNER</u></b>  Country Fried Steak  Mashed Potatoes  Green Beans  Peach Cobbler	<b><u>DINNER</u></b>  Chili  PB Sandwich  Pickle Spear  Cantaloupe  Chocolate Pie
<b><u>SUPPER</u></b>  Potato Soup  Ham Slider  Pears  Pudding	<b><u>SUPPER</u></b>  Chicken Wings  Pasta Salad  Cantaloupe  Mint Brownie	<b><u>SUPPER</u></b>  Sausage Gravy w/ Biscuit  Mandarin Oranges  Cinnamon Roll	<b><u>SUPPER</u></b>  Breaded Chicken Sandwich  Fries  Strawberries  Pound Cake	<b><u>SUPPER</u></b>  Beef Stew  Roll  Fruit Cocktail  Chocolate Chip Cookie	<b><u>SUPPER</u></b>  Glazed Ham Steak  Mac & Cheese  Corn  Grapes  PB Cookie	<b><u>SUPPER</u></b>  Chef Salad  Boiled Egg  Melon  Banana Bar

**OCTOBER 2023**

<b>SUNDAY</b> 15	<b>MONDAY</b> 16	<b>TUESDAY</b> 17	<b>WEDNESDAY</b> 18	<b>THURSDAY</b> 19	<b>FRIDAY</b> 20	<b>SATURDAY</b> 21
<b><u>BREAKFAST SPECIAL</u></b> Donut/Danish	<b><u>BREAKFAST SPECIAL</u></b> Waffles	<b><u>BREAKFAST SPECIAL</u></b> Fried Mush	<b><u>BREAKFAST SPECIAL</u></b> Omelet	<b><u>BREAKFAST SPECIAL</u></b> Pancakes	<b><u>BREAKFAST SPECIAL</u></b> Biscuit w/ Gravy	<b><u>BREAKFAST SPECIAL</u></b> English Muffin Sandwich
<b><u>DINNER</u></b>  Lasagna  Breadstick  Corn  Peaches  Cook's Choice	<b><u>DINNER</u></b>  Deluxe Burger w/ Fries  Broccoli-Cran Salad  Fresh Fruit  Chocolate Cake	<b><u>DINNER</u></b>  Soft Taco  Spanish Rice  Refried Beans  Mango & Pineapple  Churro	<b><u>DINNER</u></b>  BBQ Ribs  Mac & Cheese  Cornbread  Green Beans  Applesauce  TBA Pie	<b><u>DINNER</u></b>  Meatloaf  Mashed Potatoes  Peas  Apricots  Cheesecake	<b><u>DINNER</u></b>  Herb Pork Chop  Baked Potato  7 Layer Salad  Berries  Jello Poke Cake	<b><u>DINNER</u></b>  Spaghetti  Garlic Bread  California Vegetables  Pears  Coconut Pie
<b><u>SUPPER</u></b>  Egg Salad Sandwich  Chips  Garden Cottage Cheese  Oranges  Pudding	<b><u>SUPPER</u></b>  Broccoli Cheese Soup  w/ Roll  Fruit Mix  Krispy Treat	<b><u>SUPPER</u></b>  Chicken Tenders Sweet Potato Tots  Pears  Brownie	<b><u>SUPPER</u></b>  Quiche  Cherry Fluff  Cinnamon Roll	<b><u>SUPPER</u></b>  Chili  Pickle Spear  Grapes  Pumpkin Bar	<b><u>SUPPER</u></b>  Turkey Salad Slider  Chips  Fruit Cocktail  Blondie	<b><u>SUPPER</u></b>  Ham & beans  Cornbread  Pineapple  Ice Cream Treat



**OCTOBER 2023**

<b>SUNDAY</b> 22	<b>MONDAY</b> 23	<b>TUESDAY</b> 24	<b>WEDNESDAY</b> 25	<b>THURSDAY</b> 26	<b>FRIDAY</b> 27	<b>SATURDAY</b> 28
<b><u>BREAKFAST</u></b> Danish/Donut	<b><u>BREAKFAST</u></b> Waffles	<b><u>BREAKFAST</u></b> Fried Mush	<b><u>BREAKFAST</u></b> Omelet	<b><u>BREAKFAST</u></b> Pancakes	<b><u>BREAKFAST</u></b> Biscuit w/ Gravy	<b><u>BREAKFAST</u></b> English Muffin Sandwich
<b><u>DINNER</u></b>  Fried Chicken Mashed Potatoes Green Beans Pears Strawberry- Rhubarb Pie	<b><u>DINNER</u></b>  Catfish Baked Potato Coleslaw Peaches Banana Cake	<b><u>DINNER</u></b>  Country Fried Steak Mashed Potatoes Peas & Carrots Melon Blueberry Cobbler	<b><u>DINNER</u></b>  BBQ Chicken Legs Au Gratin Potatoes Vegetable Mix Apricots TBA Pie	<b><u>DINNER</u></b>  Salisbury Steak Mashed Potatoes Corn Berries Banana Cake	<b><u>DINNER</u></b>  Chili Pickle Spear ½ PB Sandwich Caramel Apple Bake	<b><u>DINNER</u></b>  Chicken & Noodles Mashed Potatoes Carrots Fruit Cocktail Bread Pudding
<b><u>SUPPER</u></b>  Hot Dog  Potato Salad  Pound Cake w/ Strawberries	<b><u>SUPPER</u></b>  Sloppy Joe  Chips  Mixed Fruit  Sugar Cookie	<b><u>SUPPER</u></b>  Chicken Noodle Soup Roll Ambrosia Blondie	<b><u>SUPPER</u></b>  Italian Sub Pasta Salad Pickle Spear Grapes Funnel Cake	<b><u>SUPPER</u></b>  Biscuit w/ Sausage Gravy  Cherry Fluff  Cinnamon Roll	<b><u>SUPPER</u></b>  Mummy Dog Witch Caviar  Slimy Fruit Salad  Chocolate Pumpkin Bread	<b><u>SUPPER</u></b>  Fish Sticks Mac & Cheese  Coleslaw Pudding

**OCTOBER 2023**

SUNDAY 29	MONDAY 30	TUESDAY 31	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>BREAKFAST</u> Donut/Danish	<u>BREAKFAST</u> Waffles	<u>BREAKFAST</u> Fried Mush				
<u>DINNER</u>  Meatloaf Mashed Potatoes Green Beans Pineapple Carrot Cake	<u>DINNER</u>  Russian Chicken Au Gratin Potatoes Roasted Corn Fruit & Yogurt Apple Pie	<u>DINNER</u>  Sweet & Sour Chicken Rice Stir Fry Vegetables Peaches Pumpkin Cheesecake				
<u>SUPPER</u>  Egg Salad Crackers Cottage Cheese Fruit Mix PB Bar	<u>SUPPER</u>  Tomato Soup Grilled Cheese Pickle Spear Brownie	<u>SUPPER</u>  Open Faced Roast Beef Mashed Potatoes Mandarins Cook's Choice				



# HALLOWEEN WORD SCRAMBLE



1. WIHTC \_\_\_\_\_
2. PEVIAMR \_\_\_\_\_
3. HENOLEWLA \_\_\_\_\_
4. IT TR CEKRAOTR \_\_\_\_\_
5. SAYRC \_\_\_\_\_
6. REEPCY \_\_\_\_\_
7. TCESUOM \_\_\_\_\_
8. HOLGU \_\_\_\_\_
9. REGNOA \_\_\_\_\_
10. KPIUNPM \_\_\_\_\_
11. NKARACOJTNLE \_\_\_\_\_
12. TBA \_\_\_\_\_
13. BREOTOC \_\_\_\_\_
14. NCAYD \_\_\_\_\_
15. SOGTH \_\_\_\_\_

