Tanglewood Village SENTOR LIVING



April 2024

1293 S. 34th St. Decatur, IL 62521

(217) 423-5838



Dear Friends & Family,

I am proud to announce that I have been promoted to the position of Director/General Manager here at Tanglewood Village. What this means is that my focus will have to change a little and I will need to pass on some of the responsibilities that I have been so passionate about for many years. I am now responsible for the overall management of the company as well as ensuring that the other managers have the resources, they need to run their perspective departments in a way that benefits everyone. I am certain there will be times that I will miss performing some of my old duties, but I am excited to be in a position to make some positive changes. Please know that I am always available to answer questions and to get your feedback.

I am also excited to announce that my friend and coworker, Peggy Renfro, has been appointed to the position of Marketing Director. As many of you know, Peggy and I have worked together for many years, and she has worn several hats at Tanglewood. I have total confidence in her, and I know she will wear this hat well. Peggy has begun taking on her new role and is quickly learning the ropes. When you see her in her new office or giving tours, say hi and congratulate her!

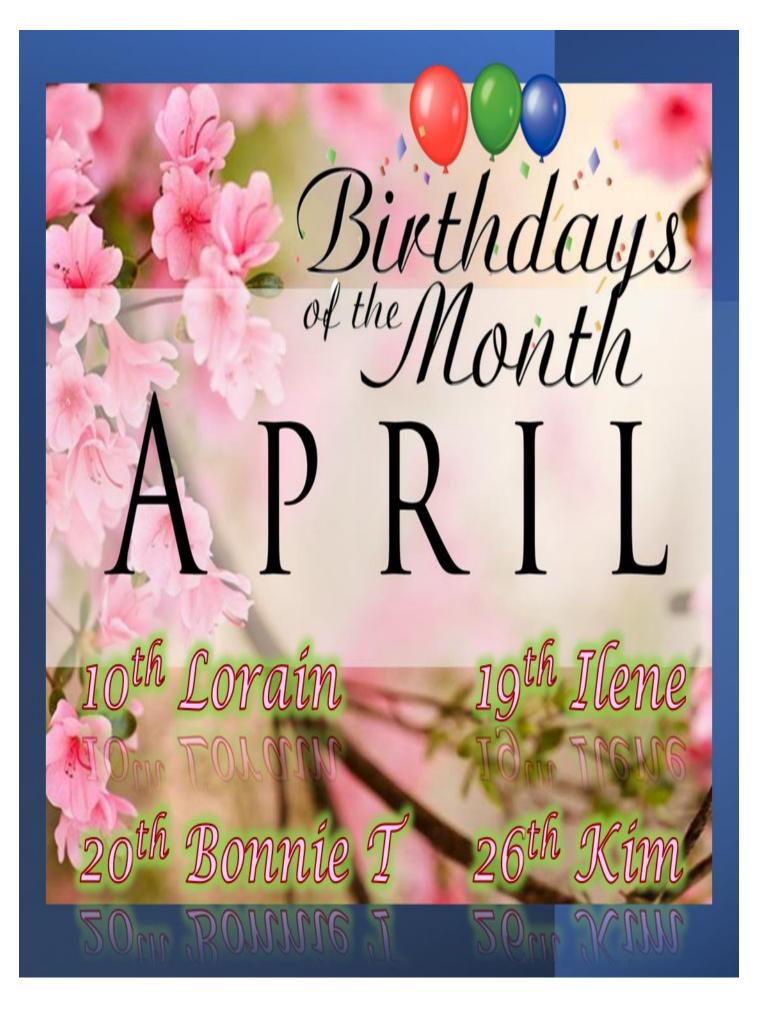
Sincerely,

Liz Holmgren

Peggy Renfro

Director, Tanglewood Village

Marketing Director, Tanglewood Village







Health Service

Sensible Hearing Tuesday, April 2nd @ 1:00p.



Monday, Wednesday, & Friday @ 10:30a.

I Ready ~ Set ~ Shop I

This month we will be going to Thrift Stores, Wal-Mart, Aldi, & more!

!Keep up with your Activity Schedule!

Catholic Communion is available! <u>Ask the Front Desk.</u>







Be sure to hang a Prayer Request on the Board!

"And whatever you ask in prayer, you will
receive if you have faith.

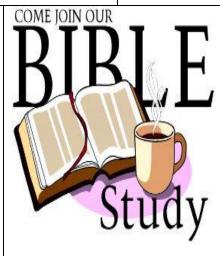
		Act	ivities A	pril 2024		
	Monday	Tuesday Wear Orange	Wednesday	Thursday	Friday	Saturday
	1	2 10:00	3	4	5	6
	10:30	Men's Group	10:30 Morning	10:00 Dollar Tree &	10:30 Morning	Community
	Morning Stretch	11:00 Women's	Stretch	Dollar General	Stretch	Games 24/7
	CANCELLED 1:00	Group 1:00	1:00 Bible	1:00 Big Lots	12-2 Ty	1:00 Art/Craft
	BINGO	Sensible Hearing	Study	6:00 Prayer/Catholic	2:00	
	6:00 Train	2:00 Walmart	6:00 Train	Communion w/ Patrick Otoole	KENO	6:00 BINGO
		6:00	Halli		4:00 Happy Hour	Scrabble Board
		Bingo				Word Jumble Crossword
7	8	10:00	10:30	11	12	13
3:30	10:30	Men's Group 11:00	Morning Stretch	10:00 Aldi	10:30	Community
Sunday Service	Morning	Women's		2:30	Morning Stretch	Games 24/7
	Stretch	Group 10:00	12:00 Billy Gault	Library	1:00	1:00 DARTS
	1:00 BINGO	Pawprints	1:00	4:00 Men's Day Supper Out	KENO	DAKIS
•	6:00	2:00 Walmart	Bible Study	6:00	4:00 Happy Hour	6:00 BINGO
6:00 Baseball	Train	6:00	6:00	Prayer/Catholic	्रादीन ।	
Darts		Ride	Train	w/ Patrick Otoole		Scrabble Board Word Jumble Crossword

Activities April 2024

Sunday	Monday	Tuesday WEAR BLUE	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
3:30 Sunday Service	10:30 Morning Stretch 1:00 BINGO 6:00 Train	10:00 Men's Group Breakfast Out 11:00 Women's Group 2:00 Walmart	10:30 Morning Stretch 1:00 Bible Study 6:00 Train	10:00 Lunch Out & Thrift Shopping 6:00 Prayer/Catholic Communion w/ Patrick Otoole	10:30 Morning Stretch 1:00 KENO 4:00 Happy Hour	Community Games 24/7 12:00 Echoes of Grace 1:00 Art/Craft 6:00 BINGO Scrabble Board Word Jumble Crossword
21	22	23	24	25	26	27
3:30 Sunday Service 6:00 Movie Night	10:30 Morning Stretch 1:00 BINGO 5:00 Winston 6:00 TRAIN	10:00 Men's Group 11:00 Women's Breakfast Out 2:00 Walmart	10:30 Morning Stretch 11:30 Tea Party 1:00 Bible Study 6:00 TRAIN	10:00 Kroger 1:00 Hobby Lobby 6:00 Prayer/Catholic Communion w/ Patrick Otoole	10:30 Morning Stretch 1:00 KENO 4:00 Happy Hour	Community Games 24/7 1:00 DARTS 6:00 BINGO Scrabble Board Word Jumble Crossword

Activities April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WEAR PURPLE				
28	29	30				
3:30	10:30 Morning	10:00 Men's Group				
Sunday	Stretch	10:00				
Service	1:00 BINGO	Women's Group				
	6:00 Train	2:00 Walmart				
•		6:00 Ride				
		Ride				











* Substitution requests are for **ENTRÉE ONLY**. Notify the kitchen <u>2 Hours PRIOR</u> to the mealtime. Requests at mealtime will be prepared <u>after</u> the dining room has been served.

ENTRÉE SUBSTITUTES

BURGER CHEESEBURGER

HOT DOG

CHICKEN BREAST

GRILLED CHEESE TOASTY

LI CHEESE SOUP

VEGETABLE SOUP

CHICKEN SOUP

EGG SANDWICH

PEANUT BUTTER SANDWICH

B, CB
H
C
G
BS
V
S
E
PB
FP
VP
QS
Q
CH EGETABLE PLATE

CHEF SALAD

SIDE SALAD

CHILI

APRIL 2024

Sunday April	Monday April 1	Tuesday April 2	Wednesday April 3	Thursday April 4	Friday April 5	Saturday April 6
	French Toast	English Muffin Sandwich	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
	Beef &	Spaghetti	Roast Beef	Chicken Cordon Bleu	Fried Shrimp	Meatloaf
	Noodles	Garlic Bread	Mashed Potatoes	Baby Bakers	Twice Baked Potato	Mashed Potatoes
	Corn	Peas	Lima Beans	Glazed Carrots	Green Beans	Broccoli
	5 Cup Salad	Fruit Salad	Peaches	Pears	Mango	Grape Salad
	French Silk Pie	Coffee Cake	Bread Pudding	Carrot Cake	Caramel Apple Pie	German Chocolate Cake
	<u>Suppe</u> r	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
	Chicken Wings Coleslaw	Taco Salad Corn Chips	Chicken Leg Potato Salad	Jimmy Dean Casserole Mandarin	Pulled Pork BBQ Macaroni	Turkey Salad Celery Sticks
	Peach Salad	Pineapple	Apple Slices Lemon	Oranges Cinnamon	& Cheese Apricots	Jello w/ Fruit
	PBJ Bar	Churro Bar	Pudding	Roll Cake	Cookie	Chocolate Mousse

Sunday April 7	Monday April 8	Tuesday April 9	Wednesday April 10	Thursday April 11	Friday April 12	Saturday April 13
Danish/Donut	French Toast	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Chicken Fried Steak	Ham Loaf	Baked Cod	Baked Turkey	Pork Chop w/	BBQ Ribs	Salisbury Steak
	Cheesy Potatoes	Baby Bakers	Mashed Potatoes	Cream Sauce	Au Graton Potatoes	Mashed Potatoes
Mashed Potatoes	Green Beans	Brussell Sprouts	Stuffing	Corn Casserole	California Blend	Vegetable Mix
Peas & Carrots	Mango	Fruit Salad	Cranberry Sauce	Berry Mix	Peaches	Pears
Pineapple Fluff PB Pie	Chocolate Lush	Cherry Pie	Carrot Cake	Pecan Pie	Banana Pudding Cake	Peach Cobbler
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Harvest Meatballs	Chili Dog	Chicken Tenders	Chicken Salad	Sloppy Joe	Turkey Chef Salad	Popcorn Shrimp
Macaroni & Cheese	Sun Chips	Tater Tots Pears	Broc-Cran Salad	Chips Celery Sticks	Boiled Egg	Cucumber & Onions
Mixed Fruit	Taffy Apple	Chocolate Chip	Grapes	Melon	Angel Food Cake	Fruit Salad
Coffee Cake	Salad	Cookie	Strawberry Pretzel Dessert	Pudding Cup	& Strawberries	Lemon Crinkle Cookie

Sunday April 14	Monday April 15	Tuesday April 16	Wednesday April 17	Thursday April 18	Friday April 19	Saturday April 20
Danish/Donut	Waffle	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Ham	Teriyaki Chicken Thigh	Meatloaf	Pork Chop	Deluxe Burger	Pork Roast	Rueben
Sweet Potato	Wild Rice	Mashed Potatoes	Fried Potatoes	Onion Rings	Mashed Potatoes	Cheese Fries
Green Beans	Stir Fry	Corn	Lima Beans	Cantaloupe	Brussel Sprouts	Cauliflower Salad
Mandarin Salad	Vegetables	Pears	Cinnamon	Cheesecake	Peaches	Mixed Fruit
Pecan Pie	Pineapple & Mango	Chocolate	Applesauce		Pina Colada Cake	
	Gooey Butter Cake	Cherry Cake	Banana Cake			Pineapple Upside Down Cake
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Chicken &	Ham &	Fish Sandwich	Chicken Burrito Bowl	Wings	Pizza	Taco Salad
Noodles	Beans	Macaroni	Corn Chips	Macaroni Salad	Tossed Salad	Corn Chips
Carrots	Cornbread	& Cheese	Mango	Applesauce	Grapes	Fruit Cocktail
Brownie	Peaches	Coleslaw	Banana Pudding	Ice Cream	Cook's	Cook's Choice
	Snickerdoodle	Fruit Cobbler		Treat	Choice	

Sunday April 21	Monday April 22	Tuesday April 23	Wednesday April 24	Thursday April 25	Friday April 26	Saturday April 27
Danish/Donut	French Toast	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Fried Chicken Mashed Potatoes Corn Fruit Salad Cook's Choice	Salisbury Steak Mashed Potatoes Green beans Spiced Pears German Chocolate Cake	Baked Salmon Au Gratin Potatoes Creamed Peas Sunshine Salad Peach Pie	Chicken Cordon Bleu Twice Baked Potato Cali Blend Fruit Mix Lemon Cake	Lasagna Garlic Toast Peas & Carrots Mixed Berries Fried Pie	Orange Chicken Rice Pilaf Stir Fry Vegetables Pineapple & Mandarins Chocolate Cake	Beef Stroganoff Spinach Watergate Salad Fruit of The Forest
Supper	Supper	<u>Supper</u>	Supper	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Egg Salad Broccoli Salad 5 Cup Salad M&M Cookie	Quiche Mandarin Oranges Honey Bun Cake	Beef Stew w/ Biscuit Fresh Fruit Mint Brownie	Hot Dog Baked Beans Apricots Cook's Choice	Glazed Ham Fried Potatoes & Onions Baked Apple Zucchini Bread	Turkey Salad Sandwich Pretzels Ambrosia Cook's Choice	Ham Chef Salad Boiled Egg Fruit Mix Buckeye Bar

Sunday April 28	Monday April 29	Tuesday April 30	Wednesday	Thursday	Friday	Saturday
Danish/Donut	Waffle	Fried Mush				
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>				
Baked Turkey	Ham	Chicken Parmesan				
Mashed Potatoes	Sweet Potato	Over spaghetti				
Carrots	Cali Blend	with marinara				
Apricots	5 Cup Salad	Roasted Cauliflower				
Blueberry Pie	Chocolate Mayo Cake	Spiced Apples				
		Cheesecake				
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>				
Chicken Noodle Soup	Sloppy Joe	Turkey Tetrazzini				
w/ Roll	Chips	Green Beans				
Mixed Fruit	Pickle Spear	Mixed Fruit				
Sugar	Fruit Cocktail	Oatmeal Cookie				
Cookie	Cook's Choice	COOKIE				

Name:	_ Date:
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WORD SCRAMBLE DIRECTIONS: Unscramble each set

Of letters to discover a vocabulary word relating to the lovely month of April.

OFLO _	LLAMUBER	_
BTFURTYLE _	LNAPT	- 2
ARSSG _	UBNYN	
TPAEILRLACR _	UORPTS	_
ERTDYAHA	ATNREU	
ADRGNE	PALRI	
ANIR _	OEKJ	
LAGUH _	OLFERW	
LUIPT	SEBLAABL	
RENGE	NSPRGI	_
RECYCEL	OLMBO	
RTSEAE	NIOBR	



April Word Search

R т R K Е S х N Е G S R G В В D S Z S Т U S X О

RAINBOWS EGGS RABBIT EARTH DAY

CLOUDS CHICKS APRIL FOOLS GRASS

SPRING TULPIS JACKET PUDDLES