



1293 S. 34th Street Decatur, IL 62521 (217) 423-5838

THE HEAVENLY SAPPHIRE SEPTEMBER BIRTHSTONE



FLOWER OF THE MONTH



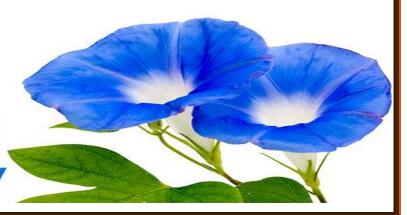
September

BIRTH FLOWER

wisdom
valor
faith
royalty
purity
innocence



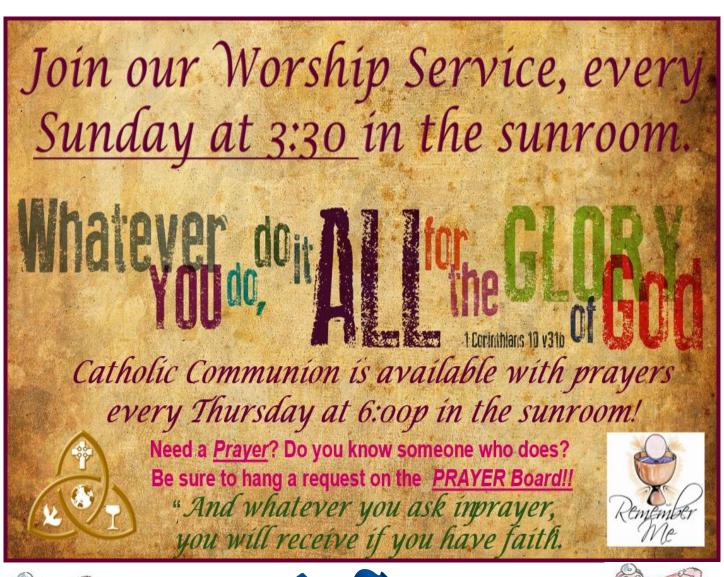
The Birth
Flower of
September:
Morning Glory













Health Service



Sensible Hearing

Tuesday, Sept. 3rd @ 1:00p.m.

Exercises

Monday, Wednesday, & Friday ~ 10:30 a.m



S Α S М M M U S A W E В Α R В E C В N R P R R R C G O В ١ F т E Α Р R т Ν E M P M Е R Ε S M Υ S ١ U M C Α Ν E M Р K C т Е W N D Т R E S Т R O F R W 0 R K S Т Α R Е N R K Ε S E K R Е R K 0 ı E R E M S O н В Ε S U M M U S В Α R Ε L C D M т ١ N Е Ν S Ν E N K Ν R Α Т Ε 0 D

Word Bank: EMPLOYMENT **BARBECUE CELEBRATE** COOKOUTS

FIREWORKS HOLIDAY IOBS

MONDAY PARADE PICNIC SEPTEMBER

STRIKES SUMMER UNIONS WAGES

WWW.ALWAYSTHEHOLIDAYS.COM



ENTRÉE SUBSTITUTES

B, CB BURGER, CHEESEBURGER

VP VEGETABLE PLATE

C CHICKEN BREAST

G CHEESE TOASTY

VS VEGETABLE SOUP

CS CHICKEN SOUP

CH CHILI

ES EGG SANDWICH

PB PEANUT BUTTER SANDWICH

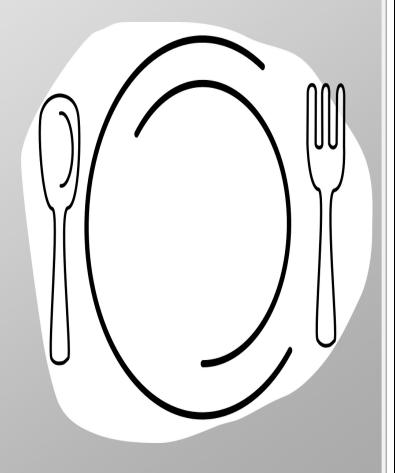
FP FRUIT PLATE W/ YOGURT

HD HOT DOG

Q SIDE SALAD

QS CHEF SALAD

SS STRAWBERRY SALAD



Substitutes are for **Entrée only**.

Please be courteous to our WONDERFUL KITCHEN STAFF by submitting your request

for a substitute, at least 2 hours in advance of the meal. Thank You!!

Sunday September 1	Monday September 2	Tuesday September 3	Wednesday September 4	Thursday September 5	Friday September 6	Saturday September 7
Featuring Danish/ Donuts	Featuring French Toast	Featuring Mush	Featuring Omelets	Featuring Pancakes	Featuring Biscuits & Gravy	Featuring English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Baked Turkey	Hamburgers &	Salmon Patty	Smothered Pork Chop	Roast Beef	Lemon Pepper Tilapia	BBQ Ribs
Mashed Potatoes	Hot Dogs	Baby Bakers	Baked Potato	Mashed Potatoes	Au Gratin	Mac & Cheese
Stuffing	Beans	Coleslaw	Spinach	Carrots	Potatoes	Creamed Corn
Cali Blend Cranberry Sauce	Corn Salad Melon	Fresh Fruit Cherry Delight	Baked Apple	Pineapple & Oranges	Broccoli Fruit Salad	Melon Peach Cobbler
Pumpkin Pie	S'mores Pie	Cherry Delight	Texas Sheet Cake	Strawberry Cheesecake	Birthday Cake	reacti Cobbiei
<u>Supper</u>	Supper	Supper	Supper	Supper	<u>Supper</u>	<u>Supper</u>
BBQ Pulled Pork	Turkey Salad	Chicken Tenders	Chef Salad	Goulash	Parmesan Wings	Taco Salad
Apples	Chips	Mac & Cheese	Hard Boiled Egg	Cornbread	Potato Salad	Corn Chips
Fries	Grapes Pudding	Fruit Salad Pecan Bar	Fruit Cocktail	Peaches PB Cookie	Pears	Pineapple Snickerdoodle
Brownie	rudding	r ecan bai	Oatmeal Cookie	F D COOKIE	Cook's Choice	Silickerdoodie

Sunday September 8	Monday September 9	Tuesday September 10	Wednesday September 11	Thursday September 12	Friday September 13	Saturday September 14
Featuring Danish/Donut	Featuring Waffle	Featuring Fried Mush	Featuring Omelet	Featuring Pancakes	Featuring Biscuit w/Gravy	Featuring English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Meatloaf	Baked Ham	Spaghetti	Salmon	Russian Chicken	Patty Melt	Orange Chicken
Mashed Potatoes	Sweet Potato	Garlic Bread	Au Gratin Potatoes	Baby Bakers	w/ Fries	Rice
Corn Casserole	Green Beans	Spinach	Succotash	Cauliflower	Cran-Broc Salad	Stir Fry Vegetables
Fruit Mix	Cranberry Sauce	Baked Apple	Mixed Melon	Peaches	Sunshine Salad	
Chocolate Pie	Chocolate Cherry Cake	Coconut Cake	Lemon Cake	Bread Pudding	PB Sheet Cake	Pineapple & Mango
	enerry cane					Almond Cake
Supper	Supper	Supper	Supper	<u>Supper</u>	<u>Supper</u>	Supper
Egg Salad	Sloppy Joe	Breaded Chicken Sandwich	Ham Chef Salad	Hot Dog	Turkey Tetrazzini	Broccoli Cheese Soup
Chips	Tater Tots	Garden Cottage	Boiled Egg	Baked Beans	Peas	w/ Roll
Mixed Fruit	Fruit	Cheese	Apricots	Pickle Spear	Peaches	Fruit Cocktail
Brownie	Cook's Choice	Mixed Fruit	Snickerdoodle	Grapes	M&M	Chocolate
		Pudding		Ice Cream Treat	Cookie	Chip Cookie

Sunday September 15	Monday September 16	Tuesday September 17	Wednesday September 18	Thursday September 19	Friday September 20	Saturday September 21
Featuring Danish/Donut	Featuring French Toast	Featuring Mush	Featuring Omelet	Featuring Pancakes	Featuring Biscuit w/Gravy	Featuring English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Turkey	Ham Loaf	Taco Salad	Blazed Pork Chop	BBQ Ribs	Baked Cod	Chicken Cordon Bleu
Mashed Potatoes	Au Gratin Potatoes	Spanish Rice	Baked Potato	Mac & Cheese	Au Gratin Potatoes	0 1' 0'
Green Bean Casserole	Corn	Corn Chips	Broccoli	Coleslaw	Cauliflower	Garlic Cheese Potatoes
Cranberry Sauce	Baked Apple	Mango	Spiced Pears	Melon	Peaches & Pears	Roadhouse Green Beans
Carrot Cake	Gooey Butter Cake	Churro Bar	Red Velvet Cake	Pecan Pie	German Chocolate Cake	Fruit Cocktail
						Berry Cobbler
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Glazed Ham	Chicken Tenders	Beef & Noodles	Scrambled Eggs	Sloppy Joe	Chicken Salad	Beef Stroganoff
Broccoli Salad	Summer Salad	Peas	Sausage Links	Corn Chips	Garden Cottage Cheese	Corn
Pineapple	Fruit & Yogurt	Pears	Mandarins	Fruit Cocktail	Mixed Fruit	Grapes
Cook's Choice	Cook's Choice	Pudding Cup	Cinnamon Roll Cake	Krispy Treat	Cook's Choice	PB Cookie

Sunday September 22	Monday September 23	Tuesday September 24	Wednesday September 25	Thursday September 26	Friday September 27	Saturday September 28
Featuring Danish/Donut	Featuring Waffle	Featuring Mush	Featuring Omelet	Featuring Pancakes	Featuring Biscuit w/ Gravy	Featuring Breakfast Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Fried Chicken	Chicken Alfredo	Country Fried Steak	Parmesan Tilapia	Russian Chicken	Deluxe Burger	Lasagna
Mashed Potatoes	Garlic Bread	Mashed Potatoes	Baby Bakers	Au Gratin Potatoes	Potato Salad	Breadstick
Peas	Brussel Sprouts	Carrots	Cali Blend	Roadhouse Green Beans	Baked Beans	Corn
Fruit Mix	Berry Mix	Melon	Fruit Salad	Cinnamon Apples	Fruit Salad	Pineapple & Mandarins
Pineapple Upside Down Cake	Quake Cake	Coconut Cake	Peach Pie	Bread Pudding	Most Bestest Cake	Banana Cake
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Ham & Beans	BBQ Pulled Pork	Ham Salad	Wings	Quiche	Pizza	Turkey Salad
Cornbread	Chips	Broc-Cran Salad	Onion Rings	w/ Biscuit	Pasta Salad	Pea Salad
Pickle Spear	Mandarins	Fruit	Apricots	Peaches & Cream	Fruit	Cherry Fluff
Jello w/ Fruit	Cook's Choice	Snack Cake	Ranger Cookie	Coffee Cake	Cookie	Cook's Choice

Sunday September 29	Monday September 30	September 2024
<u>Special</u> Donut	Special Waffle	
<u>Dinner</u>	<u>Dinner</u>	
Roast Beef	Lemon Pepper Cod	
Mashed Potatoes	Baked Potato	
Carrots	Cali Blend	
Melon	Berry Mix	
Cook's Choice	Honey Bun Cake	
Supper	<u>Supper</u>	
BBQ	Fish Sandwich	
Meatballs	Coleslaw	
Macaroni Salad	Mixed Fruit	
Apricots	Cook's Choice	
Cowboy Cookie		

September 2024

uns	Mo n	Tue	wed	Thur	Fri	Sat
1	2	3	4	5	6	7
3:30 Sunday Service	10:30 Morning stretch 11:00 Kitchen Talk 1:00 Bingo 2:15 Big Lots in Mattoon Eat at Airport (you pay) 6:00 Train	9:30 Men's Group 11:00 Women's Group 12:00Matt B 1:00 Sensible Hearing 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 1:00 Bible Study 1:30 hat 6:00 Train	10:00 Dollar General 12:30 update on Medicare information 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 4:00 Happy Hour/Larry	6:00 Bingo 8:00 ALZ Walk
8 Bobby	9 Alethea	10	11	12	13	14
3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 2:15 Hobby Lobby 6:00 Train	9:30 Men's Group 11:00 Women's Group 12:00 Heaven Bound 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 1:00 Bible Study 2:15 Price is Right 6:00 Train	10:00 lunch & thrift shopping (you pay) 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 5:00 Weenie Roast Outside W/Joe	6:00 Bingo
15 Bessie	16	17 Gerry	18	19 Barb & Dona	20	21
3:30 Sunday Service	10:30 Morning stretch 12:00 Bill G 1:00 Bingo 2:15 Dollar Tree 6:00 Train	9:30 Men's Group Breakfast out 2:00 Wal-mart 5:00 Winstone 6:00 Bingo	10:30 Morning stretch 1:00 Bible Study 6:00 Train 7:45 Movie Night	10:00 Kroger 2:30 Libaray 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 4:00 Happy Hour/Gary	10:00 Arts in Central Park 12:00 Jace Wamser 6:00 Bingo
22	23	24	25	26 Joan	27	28
3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 2:15 Farm & Fleet 6:00 Train	9:30 Men's Group 11:00 Women's Group Breakfast out 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 1:00 Bible Study 6:00 Train	11:30 Lunch @ the park 3:00 Aldi's 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 6:00 Campfire W/Joe	6:00 Bingo
29	30					
3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 6:00 Train					

