

# Tanglewood Village

QUALITY  
SENIOR LIVING



1293 South 34th Street  
Decatur, IL 62521  
Call Us! (217) 423-5838

---



# July



Larkspur flower signifies fortuity, luminosity, and happiness. You have a delightful personality and you can impress anyone. You are not only witty but also wise. You are loyal to your partner and you care a lot about your family as well.

[www.wishafriend.com](http://www.wishafriend.com)

## July Birthstone

• Ruby •



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

## FLOWER OF THE MONTH



**Water  
Lily**

# JULY

# Fourth of July Fun Facts



We celebrate on the Fourth of July in honor of the nation's birthday, July 4, 1776. This date marks when 56 of our founding father's signed the Declaration of Independence.



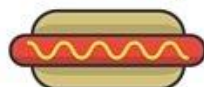
The Fourth of July is also known as Independence Day

Almost **65%** of Americans plan to have a BBQ or picnic on July 4th



**150M**

hot dogs are consumed on the holiday



Fourth of July is America's #1 drinking holiday

**190M**



pounds of beef are bought in preparation to celebrate

A total of....

**\$6.77 Billion**

is spent on food just for our nation's birthday!

Although the Fourth of July has been celebrated for many years, it was not declared a federal holiday until 1870



Ever wondered how many Americans watch fireworks on July 4th? About

**43%**



There have been 27 different official U.S. flags throughout history



Advantage Solutions would like to wish you and your family a safe and happy Fourth of July!

# Fourth of July

## WORD SEARCH

C A G F D P S J F R E E D O M  
R E V O L U T I O N L W L S X  
O V B I S T A T E S I V T J Y  
E F U D N X Z Z B W B C G U W  
F O L N H D Q I W A E I F L G  
E I H A I P E Q V R R L N Y V  
A C R N G T A P H A T F L A G  
M C J E B O E T E N Y Z Y S J  
E S X P W S D D R N K R M B V  
R U U I E O T R S I D A Q N G  
I M G C V E R A O T O E K U T  
C M J N W M C K R T A T N P N  
A E G I W I Y R S S M T I C A  
C R H C K J P A R A D E E C E  
E H D Q G A X U N B V C G S I

United States

Liberty

States

Parade

Independence

America

Stars

Flag

Revolution

Freedom

Flag

Summer

Fireworks

Picnic

Patriotic

July



# United States Word Search

(Horizontal and vertical word searches)



States hidden in the grid:

- ALABAMA
- ALASKA
- ARIZONA
- ARKANSAS
- CALIFORNIA
- COLORADO
- CONNECTICUT
- DELAWARE
- FLORIDA
- GEORGIA
- HAWAII
- IDAHO
- ILLINOIS
- INDIANA
- IOWA
- KANSAS
- KENTUCKY
- LOUISIANA
- MAINE
- MARYLAND
- MASSACHUSETTS
- MICHIGAN
- MINNESOTA
- MISSISSIPPI
- MISSOURI
- MONTANA
- NEBRASKA
- NEVADA
- NEW HAMPSHIRE
- NEW JERSEY
- NEW MEXICO
- NEW YORK
- NORTH CAROLINA
- NORTH DAKOTA
- OHIO
- OKLAHOMA
- OREGON
- PENNSYLVANIA
- RHODE ISLAND
- SOUTH CAROLINA
- SOUTH DAKOTA
- TENNESSEE
- TEXAS
- UTAH
- VERMONT
- VIRGINIA
- WASHINGTON
- WEST VIRGINIA
- WISCONSIN
- WYOMING

R G P D W Q O K L A H O M A Y L C V D A V M N I C  
V W E S O U T H D A K O T A A E A O W R P T O N O  
G J N K Z X X W Y M A I N E U E L H S I T G R D N  
J D N C M I N N E S O T A B O S I I G Z E E E I N  
M I S S I S S I P P I K B H O N F O Y O X O G A E  
E K Y G W Ç P A N O R T H C A R O L I N A R O N C  
V F L O R I D A E F Y F O C B K R N W A S G N A T  
F Ç V O I D Ç U W A L A B A M A N N Z W G I T L I  
Y H A W A I I B H E L P Ç P P O I E A U M A O C C  
J Q N M A R Y L A N D Ç Q H L T A V U W A F L W U  
I N I M C V K E M I L L I N O I S A G Y S W L A T  
S O A Y O E H O P A X U E U U I P D V O S E R S S  
O R L Y L R Z N S U T A H D I Y F A C M A S W H M  
U T I E O M E U H I T K P F S J H H A I C T G I R  
T H W M R O D F I A Y V L E I G J X T N H V V N E  
H D J I A N B B R D E L A W A R E I E G U I D G Z  
C A S C D T E D E H U G H O N M O B N H S R A T A  
A K R H O D E I S L A N D M A S O M N O E G M O R  
R O K I D A H O O K E N T U C K Y I E O T I O N K  
O T X G P F N E W Y O R K L T S B S S C T N N G A  
L A D A X A E N E W J E R S E Y R S S H S I T C N  
I C V N V I R G I N I A J S Ç G E O E U S A A T S  
N M X W I S C O N S I N V C U O Ç U E X S Y N L A  
A X K X A L A S K A E W C S B U T R G I O W A H S  
N E B R A S K A N E W M E X I C O I H K A N S A S



# Health Service

Sensible Hearing

Tuesday, July 1<sup>st</sup> @ 1:00p.m.

## Exercises

Monday~ 9a, Wednesday, & Friday ~ 10:30a

*Catholic Communion is available!*

*Ask the front desk.*



JESUS  
Grace  
SAVIOR  
spirit REJOICE pray  
LOVE Hope PRAISE  
faith God Sacred JOY  
GRACE  
LORD  
pray  
FAITH  
JOY  
SAVIOR  
peace  
PRAY  
SALVATION



Need a Prayer? Do you know someone who does?  
Be sure to hang a request on the PRAYER Board!!

*“And whatever you ask in prayer,  
you will receive if you have faith.”*



**Beauty Shop Closed**

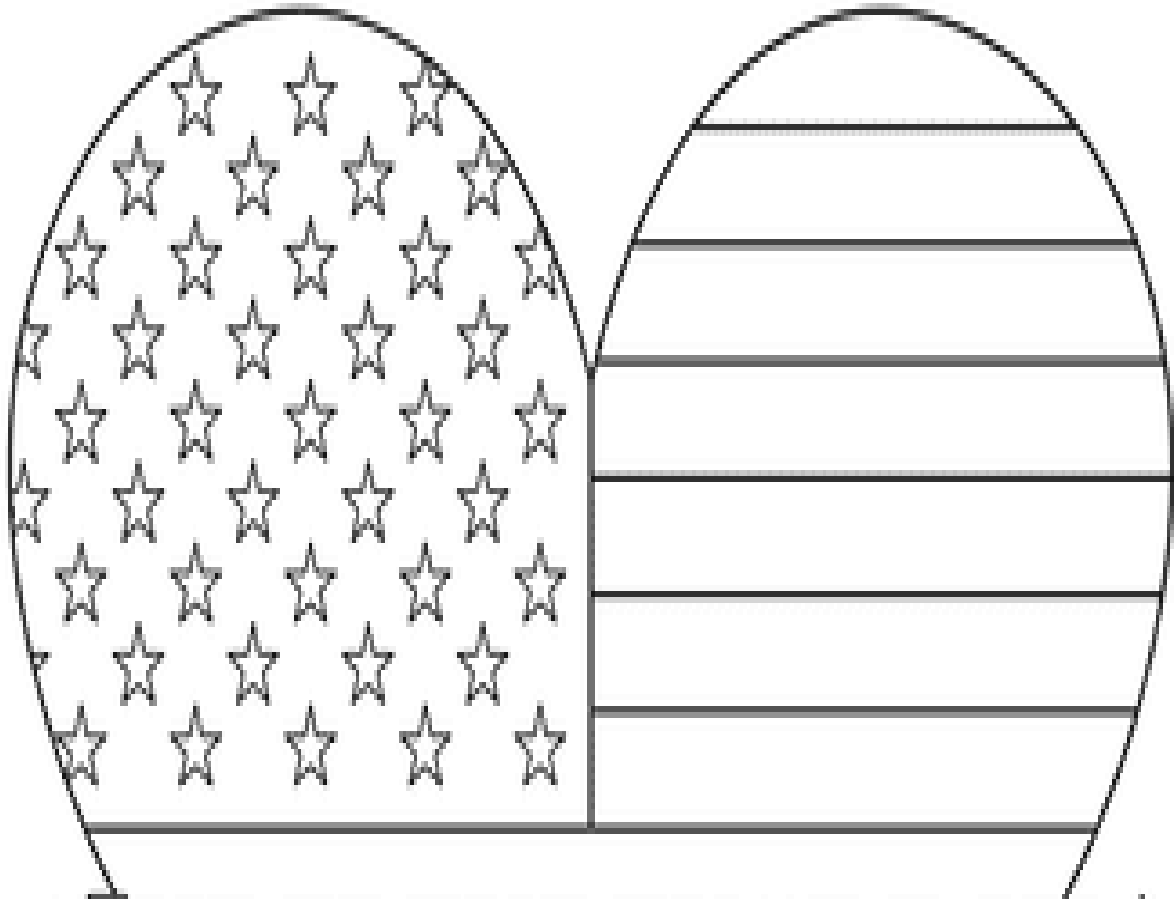
**Friday, July 4<sup>th</sup>**

**&**

**Friday July 18<sup>th</sup>**

**If your regular appointment falls on one of these  
dates, please touch base with me to make an  
alternate appointment!**

*Thanks, Shelly*  
*(217)433-2549*



★ INDEPENDENCE DAY ★

Happy 4th of July

		<b>Tuesday July 1</b>	<b>Wednesday July 2</b>	<b>Thursday July 3</b>	<b>Friday July 4</b>	<b>Saturday July 5</b>
		Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<b>All food order changes please give 1 hour notice.</b>		<b><u>Lunch</u></b> Salisbury Steak Gravy & onions Mashed Potato Veggie Watermelon Chocolate Chip Cookie	<b><u>Lunch</u></b> Mongolian Beef Stir-Fry w/ Rice & veggies Fresh Fruit Chef's Choice Dessert	<b><u>Lunch</u></b> Chicken Piccata Lemon w/ capers sauce over angel hair pasta Peaches Chef's Pie choice	<b><u>Lunch</u></b> BBQ Ribs Baked Beans F.F. Corn Coblets Watermelon Cookie	<b><u>Lunch</u></b> Fish Sandwich Slider bun Onion Rings Fruit Ice cream Cone
		<b><u>Supper</u></b> Strawberry Poppy seed dressing Salad w/ Grilled Chicken cranberries, slivered almond Cucumbers, red onion Ice cream	<b><u>Supper</u></b> Ziti w/ Italian Sausage meat sauce Garlic sticks Fresh fruit Banana Cream Pie	<b><u>Supper</u></b> Salad greens w/ egg, ham, & chicken salads fresh veggies Mixed Berries Jello w/ pineapple	<b><u>Supper</u></b> Grilled Chicken Breast Sandwich Let, tom. onion Cole Slaw oranges Brownie	<b><u>Supper</u></b> Chili Hot Dog FF, macaroni salad Watermelon Peach Crumble w/ ice cream



<b>Sunday July 6</b>	<b>Monday July 7</b>	<b>Tuesday July 8</b>	<b>Wednesday July 9</b>	<b>Thursday July 10</b>	<b>Friday July 11</b>	<b>Saturday July 12</b>
Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<b><u>Lunch</u></b> Chicken Pot Pie Salad Fresh Fruit Assorted Desserts	<b><u>Lunch</u></b> Cheese Ravioli w/ Alfredo Sauce Hot Bread Sticks Salad everyday Chocolate Pudding w/ whipped cream	<b><u>Lunch</u></b> Broccoli, Rice Chicken, mushroom & Cheese Casserole Fresh Berries Dessert Assortment	<b><u>Lunch</u></b> Sausage,Pepper & Onion,potato casserole Fresh Fruit Dessert Varieties	<b><u>Lunch</u></b> Herb Stuffed Salmon w/ lemon butter sauce wild rice, Broccoli Fruit Chef's Dessert	<b><u>Lunch</u></b> Braised Short Ribs Mashed Pot w/ gravy Corn Watermelon Strawberry Mousse	<b><u>Lunch</u></b> Hot Dog on grilled bun with sautéed onions Onion Rings Fruit Pudding
<b><u>Supper</u></b> Grilled Ham & Cheese w/ tomato Sandwich Fresh Fruit Pie	<b><u>Supper</u></b> Baked Potato Bacon/cheese/sour cream Mandarin Oranges Jello w/ fruit	<b><u>Supper</u></b> Walnut,Veggie & Pear Salad w/grilled chicken Ice cream assortment	<b><u>Supper</u></b> Beef Taco Salad w/ lettuce,cheese, tom, green onions,corn sour cream, Nachos& Salsa Cookies	<b><u>Supper</u></b> Grilled Roast Beef Sandwich W/ grilled onions Provolone cheese on Grilled roll F.F. Ice cream cone	<b><u>Supper</u></b> Swedish Meatballs over egg noodles mushroom sauce Everyday Salad Lemon Bar	<b><u>Supper</u></b> Hot Open Faced Turkey Sandwich On texas toast w/ gravy, Mashed potatoes peas Chef's choice Dessert

<b>Sunday July 13</b>	<b>Monday July 14</b>	<b>Tuesday July 15</b>	<b>Wednesday July 16</b>	<b>Thursday July 17</b>	<b>Friday July 18</b>	<b>Saturday July 19</b>
<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
<b><u>Lunch</u></b>  Pot Roast w/ carrots, Yukon potatoes, celery & onions  Hot Rolls  Strawberry Shortcake	<b><u>Lunch</u></b>  Meatloaf w/ Mashed & veggies  Bread Sticks  Mixed Fruit  Surprise Dessert	<b><u>Lunch</u></b>  Antipasto Salad Italian meats, roasted red pepper, onions,tomatoes Kalmata olives  Peach Pie w/ whip cream	<b><u>Lunch</u></b>  Grilled Salmon Salad w/roasted veggies  Fruit  Hot Fudge Sundae w/ whip cream & nuts	<b><u>Lunch</u></b>  Breaded tenderloin Sandwich  ½ Baked Sweet Potato  Orange ice cream Float	<b><u>Lunch</u></b>  Baked Tilapia w/ Scallop Potatoes  asparagus  Chocolate Ice cream sandwiches	<b><u>Lunch</u></b>  Spaghetti w/ meatballs  Fruit  Apple Crumble w/ ice cream
<b><u>Supper</u></b>  Broccoli Cheese Soup  Fresh Fruit Biscuit  Cookie	<b><u>Supper</u></b>  Manicotti w/ spaghetti sauce  Garlic Bread  Ice Cream Cone	<b><u>Supper</u></b>  ½ Grilled Cheese,bacon sandwich  Mixed berries  Lemon,sour cream Bread	<b><u>Supper</u></b>  ½ hamburger Patty Melt w/ cheese, grilled onions on rye sweet potato fries  Ice Cream	<b><u>Supper</u></b>  1/2 BLT Sandwich Onion rings  Jello w/ fruit  Chocolate walnut cookie	<b><u>Supper</u></b>  Cobb Salad w/ grilled chicken crisp bacon & veggies, egg  Applesauce Cake	<b><u>Supper</u></b>  Beef Buritto w/ bean,cheese,salsa sour cream & rice  Mixed Berries  Chef Dessert

<b>Sunday July 20</b>	<b>Monday July 21</b>	<b>Tuesday July 22</b>	<b>Wednesday July 23</b>	<b>Thursday July 24</b>	<b>Friday July 25</b>	<b>Saturday July 26</b>
<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
<p><b><u>Lunch</u></b></p> <p>Oven Roast Turkey w/ stuffing, Mashed Green bean casserole w/ crispy onions</p> <p>Apple Pie Ala mode</p>	<p><b><u>Lunch</u></b></p> <p>Monti Cristo ham,turkey, cheese grilled on texas french toast</p> <p>Fresh Fruit</p> <p>Cherry Pie</p>	<p><b><u>Lunch</u></b></p> <p>Shepherd's Pie w/ beef,vegetables/ potato &amp; gravy</p> <p>Hot Rolls</p> <p>Fruit</p> <p>Cookie</p>	<p><b><u>Lunch</u></b></p> <p>Pizza's w/ veggies Or Pepperoni, Sausage or veggie</p> <p>Ice cream Parfait</p>	<p><b><u>Lunch</u></b></p> <p>Crispy Herb Crusted Salmon ½ sweet potato Brussel Sprouts Fruit</p> <p>Chef's Choice Dessert</p>	<p><b><u>Lunch</u></b></p> <p>Chicken Parmesan w/ angel hair pasta</p> <p>Salad</p> <p>Jello w/ fruit</p>	<p><b><u>Lunch</u></b></p> <p>Chicken Pot Pie</p> <p>Salad</p> <p>Peaches</p> <p>Snickerdoodle cookie</p>
<p><b><u>Supper</u></b></p> <p>Fried Shrimp &amp; F.F.</p> <p>Watermelon salad</p> <p>Fruit</p> <p>Ice cream cone</p>	<p><b><u>Supper</u></b></p> <p>Fish Slider Cole slaw Onion rings</p> <p>Fruit in Season</p> <p>Jello w/ fruit</p> <p>Cookie</p>	<p><b><u>Supper</u></b></p> <p>Italian meats Sub Sandwich</p> <p>F.F.</p> <p>Potato Salad</p> <p>angel food cake w/ berries &amp; whip cream</p>	<p><b><u>Supper</u></b></p> <p>Shrimp Salad on grilled roll</p> <p>macaroni salad</p> <p>Cherry Pie</p>	<p><b><u>Supper</u></b></p> <p>Baked Potato Bacon,cheese,green onions sour cream</p> <p>Chocolate Mousse w/ homemade whip cream</p>	<p><b><u>Supper</u></b></p> <p>Spaghetti w/Meatballs Garlic Toast</p> <p>Peaches</p> <p>Brownie</p>	<p><b><u>Supper</u></b></p> <p>Roast Beef slider Sandwich w/aujus</p> <p>Onion rings</p> <p>Chef's Choice Dessert</p>

<b>Sunday July 27</b>	<b>Monday July 28</b>	<b>Tuesday July 29</b>	<b>Wednesday July 30</b>	<b>Thursday July 31</b>
<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
<b><u>Lunch</u></b>  Baked Glazed Ham Scallop Potatoes  Green Beans w/ bacon & onions  Assorted Desserts	<b><u>Lunch</u></b>  Turkey Veggie Slider w/ cheese  Broccoli slaw w/ cranberries  Lemon Merigue Pie	<b><u>Lunch</u></b>  Beef Stew w/ veg & potatoes  Biscuit seasonal fruit  Peach Brown Betty Dessert	<b><u>Lunch</u></b>  Baby Back Ribs  F.F.  Corn on the Cob  Fresh Fruit  Ice Cream Sandwich	<b><u>Lunch</u></b>  Fried Chicken  Potato Salad  Watermelon  Fruit  cookie
<b><u>Supper</u></b>  Fresh Fruit Plate w/ burger patty & cottage cheese, Applesauce  Lemon Pecan Cookies	<b><u>Supper</u></b>  Club Sandwich Turkey,bacon,let, tom, Mayo  Fruit  Macaroni salad  Chef's variety Dessert	<b><u>Supper</u></b>  Onion Soup Au Gratin w/ swiss & provolone Cheese  Fresh Fruit  Chocolate Cake	<b><u>Supper</u></b>  Wings& FF  Fruit  Strawberries & cream, angel food Cake	<b><u>Supper</u></b>  Southwestern Salad Grilled chicken, beans,cheese, corn, tortilla,salsa strips  Buttermilk Lemon Pie

# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>9:30</b> <b>Men's Group</b>  <b>1:00</b> <b>SENSIBLE HEARING</b>  <b>2:00</b> <b>Walmart &amp; Dollar General</b>	<b>2</b> <b>10:30</b> <b>Morning Stretch</b>  <b>12:00</b> <b>Winston</b>  <b>1:00</b> <b>Bible Study</b>  <b>6:30</b> <b>Bingo</b>	<b>3</b>  <b>10:30</b> <b>BAGS</b>	<b>4</b> <b>10:30</b> <b>Morning Stretch</b>  <b>12:00</b>  <b>Cook Out</b>   <b>1:30</b> <b>KENO</b>  <b>4:00</b> <b>Happy Hour</b>	<b>5</b>  <b>6:30</b> <b>BINGO</b>
<b>6</b>  <b>3:30</b> <b>Sunday Services</b>	<b>7</b> <b>9:00</b> <b>Morning Stretch</b>  <b>10:00</b> <b>Women's Group</b>  <b>1:30</b> <b>Bingo</b>  <b>6:15 Train</b>  <b>6:30</b> <b>Music at the park</b>	<b>8</b> <b>9:30</b> <b>Men's Group</b>  <b>2:00</b> <b>Walmart &amp; Kroger</b>	<b>9</b> <b>10:30</b> <b>Morning Stretch</b>  <b>12:30</b> <b>Little Theatre (Spelling Bee)</b>  <b>1:00</b> <b>Bible Study</b>  <b>6:30</b> <b>Bingo</b>	<b>10</b>  <b>10:00</b> <b>Thrift Shopping</b>  <b>10:30</b> <b>Wii Bowling</b>	<b>11</b> <b>10:30</b> <b>Morning Stretch</b>  <b>1:30</b> <b>KENO</b>  <b>8:15</b> <b>Movie (Out back)</b>	<b>12</b>  <b>1:00</b> <b>Family Trivia</b>

# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>13</b>  <b>3:30</b> <b>Sunday</b> <b>Services</b>	<b>14</b>  <b>9:00</b> <b>Morning Stretch</b> <b>12:00</b> <b>Mark &amp; Pam F</b> <b>1:30 Bingo</b> <b>6:15 Train</b> <b>6:30</b> <b>Music at the</b> <b>Park</b>	<b>15</b>  <b>10:00</b> <b>Men's Group</b> <b>(out)</b>  <b>11:00</b> <b>Women's</b> <b>Group</b>  <b>2:00</b> <b>Walmart</b> <b>&amp; Aldi</b>	<b>16</b>  <b>10:30</b> <b>Morning</b> <b>Stretch</b>  <b>1:00</b> <b>Bible</b> <b>Study</b>  <b>6:30</b> <b>Bingo</b>	<b>17</b>  <b>10:30</b> <b>DARTS</b>  <b>2:30</b> <b>LIBRARY</b>	<b>18</b>  <b>10:30</b> <b>Morning</b> <b>Stretch</b>  <b>1:30</b> <b>KENO</b>  <b>4:00</b> <b>Happy Hour</b>	<b>19</b>  <b>6:30</b> <b>BINGO</b>
<b>20</b>  <b>3:30</b> <b>Sunday</b> <b>Services</b>	<b>21</b>  <b>9:00</b> <b>Morning Stretch</b> <b>10:00</b> <b>Women's Group</b> <b>(out)</b> <b>1:30 Bingo</b> <b>6:15 Train</b> <b>6:30</b> <b>Music at the</b> <b>Park</b>	<b>22</b>  <b>9:30</b> <b>Men's Group</b>  <b>2:00</b> <b>Walmart</b>	<b>23</b>  <b>10:30</b> <b>Morning Stretch</b>  <b>12:30</b> <b>Little Theater</b>  <b>1:00</b> <b>Bible Study</b>  <b>6:30</b> <b>BINGO</b>	<b>24</b>  <b>12:30</b> <b>Caption Call</b> <b>(hearing impaired phone</b> <b>system information)</b>  <b>1:30</b> <b>Baseball Darts</b>	<b>25</b>  <b>10:30</b> <b>Morning</b> <b>Stretch</b>  <b>12:00</b> <b>Winston</b>  <b>1:30</b> <b>KENO</b>	<b>26</b>  <b>6:30</b> <b>BINGO</b>

# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday
27	28	29	30	31
<p><b>3:30</b> Sunday Services</p>	<p><b>9:00</b> Morning Stretch</p> <p><b>10:00</b> Women's Group</p> <p><b>1:30</b> Bingo</p> <p><b>6:15</b> Train</p> <p><b>6:30</b> Music at the park</p>	<p><b>9:30</b> Men's Group</p> <p><b>2:00</b> Walmart</p> <p><b>5:00</b> Matt B</p>	<p><b>10:30</b> Morning Stretch</p> <p><b>1:00</b> Bible Study</p> <p><b>6:30</b> BINGO</p>	<p><b>10:30</b> Gourd Painting</p> <p><b>12:00</b> Echoes of Grace</p>

**It's summertime!! The heat is on, so stay cool!!**

**This time of the year it can be hard to stay active and stay cool at the same time...**

**So please join in on indoor activities too!**

**Keep those bodies active! Keep that blood flowing! Stay cool at the same time! ☺**



