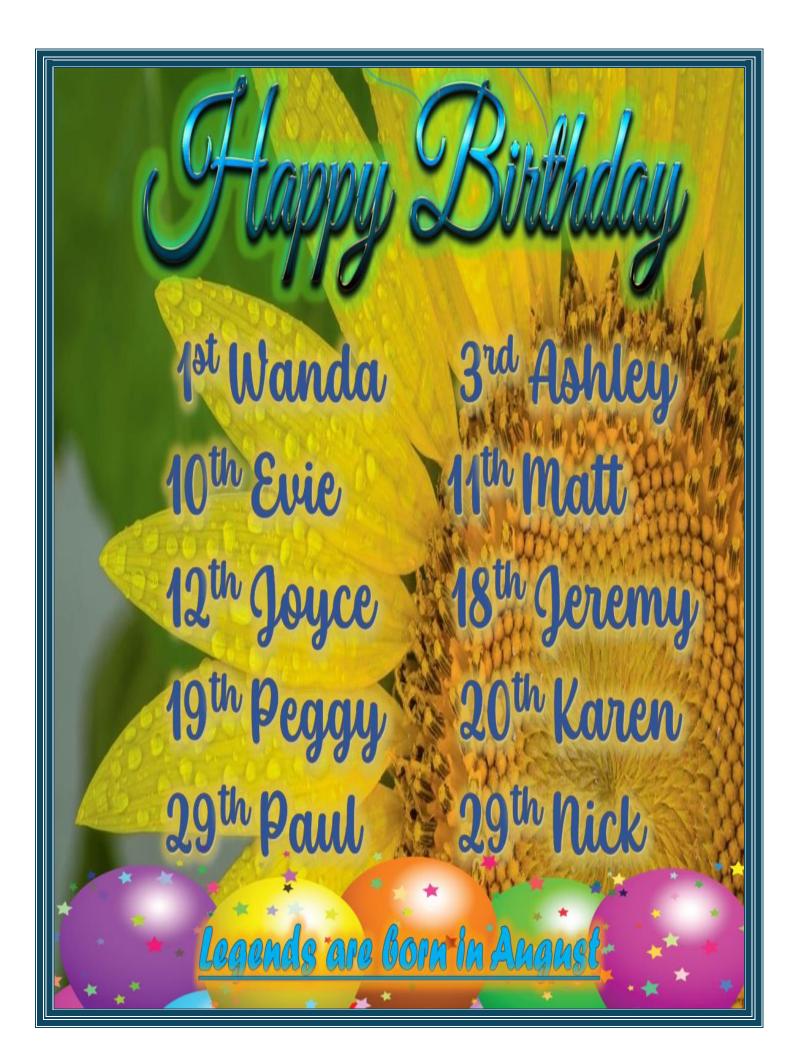


Tanglewood Village SENTOR LIVING

1293 South 34th Street, Decatur, IL 62521









Sensible Hearing

Tuesday, August 6th @ 1:00p.m.

Exercises

Monday, Wednesday, & Friday ~ 10:30 a.m.





August Colors- Red & Orange

August Birthstone

Peridot



Symbolizing dignity, fame, and prosperity.

Peridots have been used in jewellery through the ages to achieve peace and success, and to attract love and good fortune. Hawaiians believe the traces of peridot found in volcanic ash are the tears of the volcano goddess, Pele.







SUMMER Word Scramble



ebahc	
wiustsim	<u></u>
rieccema	
danelome	
cgaimnp	
picpsloe	<u>V</u>
laensdscta	<u></u>
rteavl	
bbrcaeeu	
ntavioca	1 5
ursmem	
cneao	
gfnisih	
asndlas	
olop	

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Name:	Date:
	= 0.00.



AUGUST Word Search Puzzle



Find these words related to the month of August

BOAT	KAYAK	SUN	WARM
GARDEN	BARBECUE	SHADE	LAKE
CAMPFIRE	OCEAN	VACATION	TOWEL
BIKING	CANOE	SWIMSUIT	POOL (9)
FLOATIE	PICNIC W	SWIMMING	PARK
FISHING	BEACH	POPSICLES	CAMPING
RIVER	ICE (as in ice cream)	READING	SUNSET

MENU ENTRÉE SUBSTITUTES



B, CB	BURGER, CHEESEBURGER
VP	VEGETABLE PLATE
C	CHICKEN BREAST
\mathbf{G}	CHEESE TOASTY
VS	VEGETABLE SOUP
CS	CHICKEN SOUP
CH	CHILI
ES	EGG SANDWICH
PB	PEANUT BUTTER SANDWICH
FP	FRUIT PLATE W/ YOGURT
HD	HOT DOG
Q	SIDE SALAD
QS	CHEF SALAD
SS	STRAWBERRY SALAD

^{*} Please submit your request to the Kitchen, or the Front Desk *2 hrs. in advance* of the meal.

^{*} Substitution requests are for <u>entrée only</u>. Requests at mealtime will be prepared <u>after</u> dining room has been served

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST	AUGUST	AUGUST	AUGUST	AUGUST 1	AUGUST 2	AUGUST 3
				BREAKFAST SPECIAL	BREAKFAS SPECIAL	BREAKFAST SPECIAL
				Pancakes	Biscuit & Gravy	English Muffin Sandwich
				DINNER	DINNER	DINNER
				Meatloaf	Pork Roast w/ Gravy	Beef Stir Fry w/ Vegetables
				Mashed	J 2 3	
				Potatoes	Au Gratin Potatoes	White Rice
				Vegetable Mix		Melon
				Cantaloupe	Broccoli	Chocolate Cream
				Pecan Pie	Baked Apples Peach Cobbler	Pie
				SUPPER	SUPPER	SUPPER
				BUILDE	BOTTER	BOTTER
				Spaghetti	Wings	BBQ Pulled Pork
				Tossed Salad	Coleslaw	Green Beans
				Grapes	Fruit Mix	Mandarins
				PB Cookie	Cook's Choice	Angel Food Cake w/ Strawberries

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 4	AUGUST 5	AUGUST 6	AUGUST 7	AUGUST 8	AUGUST 9	AUGUST 10
BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL
Danish/Donut	French Toast	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
<u>DINNER</u>	DINNER	DINNER	DINNER	DINNER	<u>DINNER</u>	<u>DINNER</u>
Country Fried Steak	Parmesan Tilapia	Soft Taco	Pork Chops	Salisbury Steak	Glazed Ham	Baked Cod
	•	Mexican Rice	Baked Potato	Mashed	Sweet Potato	Baby Bakers
Mashed	Wild Rice		X7 4 11 3 4.	Potatoes	D 11	ъ
Potatoes	Cali Blend	Refried Beans	Vegetable Mix	Green Beans	Broccoli	Peas
Corn	Can Blend	Pineapple &	Melon	Green Beans	Cranberry	Peaches
	Fresh Fruit	Mango		Pears	Sauce	
Cantaloupe			German			Lemon Cake
	Cook's Choice	Earthquake	Chocolate Cake	Pumpkin Coffee Cake	Cherry Pie	
Gooey Butter Cake		Cake		Confee Cake		
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Turkey Salad	Hot Dog	Fish Sandwich	Chicken Tenders	Sloppy Joe	Pizza	Turkey Tetrazzini
Chips	Baked Beans	Coleslaw	Tenuers	Steak Fries	Salad	I CH ALLIII
-		2 3 2 3 2 3 3 1 1	Pasta Salad			Lima Beans
Fruit Cocktail	Mixed Fruit	Pears		Pickle Spear	Melon Mix	
Charalata Ch	Carl In Chai	Ostorial Carl	½ Banana	D 11' C-	Carl In Chai	Applesauce
Chocolate Chip Cookie	Cook's Choice	Oatmeal Cookie	Jello w/ Fruit	Pudding Cup	Cook's Choice	Snickerdoodle

SUNDAY AUGUST 11	MONDAY AUGUST 12	TUESDAY AUGUST 13	WEDNESDAY AUGUST 14	THURSDAY AUGUST 15	FRIDAY AUGUST 16	SATURDAY AUGUST 17
BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL English Muffin
Danish/Donut	Waffle	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
<u>DINNER</u>	DINNER	<u>DINNER</u>	DINNER	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>
Baked Turkey	Hamburger	Spaghetti	Pork Roast	Russian Chicken	Fried Shrimp	Taco Salad
Mashed Potatoes	w/ Fries	Breadstick	Mashed		Baked Potato	Corn Chips
			Potatoes	Au Gratin		
Green Bean	Creamed Corn	Carrots	C	Potatoes	Coleslaw	Mango
Casserole	Fresh Fruit	Melon	Corn	Cali Blend	Fruit Salad	Churro Bar
Cranberry Sauce	ricsh riuit	Wicion	Apricots	Can Biena	Truit Salau	Charlo Bar
·	Carrot Cake	Lemon Lush	•	Peaches	Pineapple	
Pumpkin Pie			Jello		Upside Down	
			Poke Cake	Chocolate Cake	Cake	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chef Salad	Chicken Leg	Ham Salad	Scrambled	Pizza	BBQ	Hot Dog
	O		Eggs	Casserole	Meatballs	9
Hard Boiled Egg	Pasta Salad	Chips	~			Baked Beans
Fruit Cocktail	Mixed Fruit	Peaches &	Sausage Links	Berry Mix	Cauliflower	Fruit Mix
Fruit Cocktain	Mixeu Fruit	Cream	Mandarins	Sugar	Melon	Fruit Mix
PB Cookie	Pudding	Cream	TVIMITAMI III	Cookie	MEIOH	Ice Cream
	3	Cook's Choice	Banana		Cook's Choice	Treat
			Zucchini Cake			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 18	AUGUST 19	AUGUST 20	AUGUST 21	AUGUST 22	AUGUST 23	AUGUST 24
BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL
Danish/Donut	French Toast	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Fried Chicken	Lemon Pepper Cod	Lasagna	Chicken Burrito Bowl	Meatloaf	Chicken Cordon Bleu	Breaded Pork Tenderloin
Mashed	Twice Baked	Garlic Bread		Mashed		
Potatoes	Potato	Corn	Corm Chips	Potatoes	Baked Potato	Fries
Cali Blend	Brussel Sprouts	Melon	Pineapple & Mango	Green Beans	Cauliflower	Coleslaw
Spiced Pears	Fruit Salad	2.2020	g	Fruit Mix	Grape Salad	Peaches
Cheesecake	Peach Cobbler	PB Pie	Churro Bar	Sunshine Salad	German	Cherry Dump
Checsecane				Sunsime Salaa	Chocolate Cake	Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	<u>SUPPER</u>
Fish Sandwich	Chicken Salad	Sloppy Joe	Popcorn Shrimp	Chicken Wings	BBQ Pulled Pork	Biscuit w/ Gravy
Chips	Cottage Cheese	Corn Chips	Macaroni	Fries	1 0111	Gravy
C		TE *4.0 \$7. 4	& Cheese	n '	Onion Rings	Bacon
Grapes	Applesauce	Fruit & Yogurt	Apricots	Berries	Pineapple	Mandarins
Krispy Treat	Pound Cake	Snack Cake	ripricous	Jello	Тіпсарріс	1/1411441111111111111111111111111111111
			Sugar Cookie	w/ Fruit	Cowboy Cookie	Cinnamon Roll
	l .		I .		1	1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 25	AUGUST 26	AUGUST 27	AUGUST 28	AUGUST 29	AUGUST 30	AUGUST 31
BREAKFAST	BREAKFAST	BREAKFAST SPECIAL	BREAKFAST	BREAKFAST SPECIAL	BREAKFAST	BREAKFAST
SPECIAL	SPECIAL	Fried Mush	SPECIAL	5 1	<u>SPECIAL</u>	<u>SPECIAL</u> English Muffin
Danish/Donut	Waffle	Tired Wash	Omelet	Pancakes	Biscuit & Gravy	Sandwich
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Ham	Beef & Noodles	Taco Salad	Orange	BBQ Ribs	Marry Me	
			Chicken		Chicken	FAMILY
Sweet Potato	Mashed	Corn Chips		Au Gratin		
	Potatoes		White Rice	Potatoes	Garlic Cheese	FISH
Green Bean		Spanish Rice			Potatoes	F1511
Casserole	Carrots		Stir Fry	Glazed Carrots	Broccoli	
		Peaches & Pears	Vegetables		Dioccon	FRY
Fruit	Baked Apples			Fruit Mix	Strawberry Fluff	
		Cheesecake	Mango		J	
Apple Pie	Carrot Cake			Strawberry Pie	Banana Split	
			Pecan Pie		Cake	
SUPPER	SUPPER	<u>SUPPER</u>	SUPPER	SUPPER	<u>SUPPER</u>	<u>SUPPER</u>
Dagan	Hot Dog	D.I. D	TT G 1 1	Breaded		
Bacon	Hot Dog	Deluxe Burger	Ham Salad	Chicken	BBQ Meatballs	Chef Salad
Quiche	China		D 4 G 1 1		3.5	
Cl El. CC	Chips	Cucumber	Pasta Salad	Sandwich	Macaroni	Hard Boiled
Cherry Fluff	1/ D	& Onions			& Cheese	Egg
	½ Banana		Fruit Cocktail	Potato Salad		
Coffee Cake	7	Peaches		D. II. C	Peaches	Fruit
	Butterscotch		Cran-Almond	Pickle Spear		
	Pudding	Ice Cream Treat	Cookie		Cook's Choice	Snickerdoodle
				Grapes		
				Brownie		
				Drowine		

August 2024

Sun	Mon	Tue	Wed	T P	Fri	Sat
				1	2	3
						10:00 Doller General 1:00 Walmart & Kroger 6:00 Bingo
4	5	6	7	8	9	10
12:00 Keith Wood 3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 6:00 Train 6:30 Music @ the park	9:30 Men's Group 11:00 Women's Group 1:00 Sensible Hearing 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 12:00 Winston 12:15 Little Theatre 1:00 Bible Study 1:15 Hats 6:00 Train	10:00 lunch & thrift shopping (you pay) 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 6:00 Campfire W/Joe	6:00 Bingo
11	12	13	14	15	16	17
3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 6:00 Train 6:30 Music @ the park	9:30 Men's Group 11:00 Women's Group 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 1:00 Bible Study 6:00 Train	10:00 Aldi's 12:00 Eohoes of Grace 1:30 Hobby Lobby 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 4:00 Happy Hour/Gary	6:00 Bingo
18	19	20	21	22	23	24
3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 6:00 Train	9:30 Men's Group Breakfast out 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 12:15 Little Theatre 1:00 Bible Study 1:15 Hats 6:00 Train	10:00 Rural King 2:30 Library 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 6:00 Campfire W/Joe	6:00 Bingo
25	26	27	28	29	30	31
3:30 Sunday Service	10:30 Morning stretch 1:00 Bingo 6:00 Train	9:30 Men's Group 11:00 Women's Group Breakfast out 2:00 Wal-mart 6:00 Bingo	10:30 Morning stretch 1:00 Bible Study 6:00 Train	11:30 Lunch @ the park 3:00 Doller Tree 6:00 catholic comm (All are Welcome)	10:30 Morning stretch 1:00 Keno 6:00 Campfire	12:00 Family Fish Fry 6:00 Bingo

