

JANUARY



Tanglewood Village
QUALITY
SENIOR LIVING

1293 South 34th St. Decatur, IL 62521
Call Us @ (217) 423-5838

11th Doris Bn 18th Mary
18th Jean 23rd Jack L.
27th Joan E.

Legends are
Born in January

Happy Birthday!



happy new year

The Beauty Shop will be

Closed

Tuesday, January 27th

(217) 433-2549 Thanks,
Shelly

Health Service

Sensible
HEARING
Better Hearing. Sensibly Priced.

Tuesday, January 6th @ 1:00p

Exercises

Monday ~ Wednesday ~ Friday

@ 10:30a



Need a Prayer? Do you know someone who does?

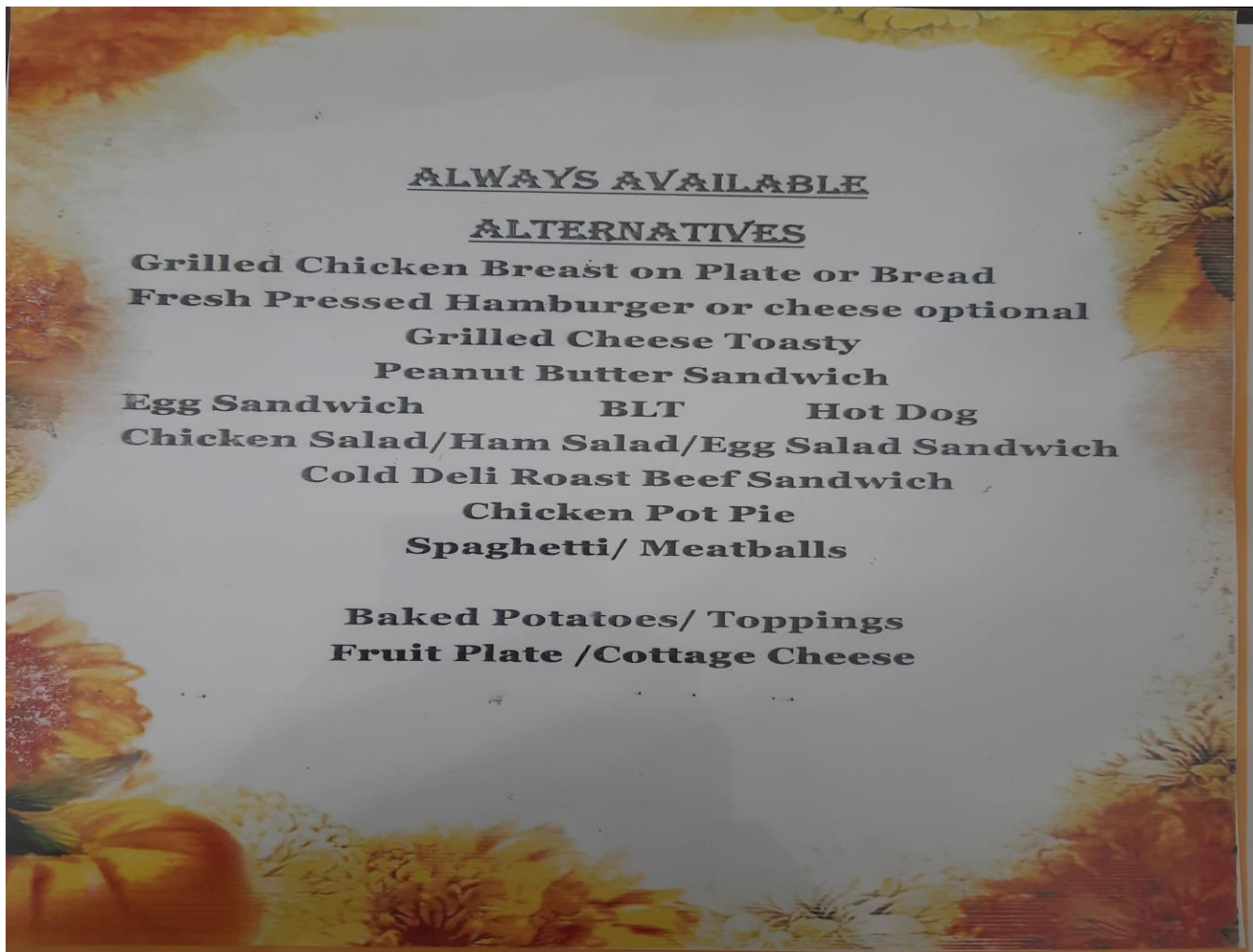
Be sure to hang a request on our PRAYER BOARD!!

*“And whatever you ask in prayer, you
will receive if you have faith.”*





MENU ENTRÉE SUBSTITUTES



*** *Substitutes are for Entrée only.***

***Please be courteous to our WONDERFUL KITCHEN STAFF
by submitting your request for a substitute,
at least 2 hours in advance of the meal.**

JANUARY 2026

			Thursday Jan 1	Friday Jan 2	Saturday Jan 3	Sunday Jan 4
			Breakfast Varieties	Breakfast Varieties	Breakfast varieties	Breakfast varieties
			<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
			Beef & Noodles Mixed Veggies Salad Everyday by request Sweet roll Fresh Fruit Variety of Desserts	Meatloaf wrapped w/ bacon, Corn, Mashed Pot Gravy Fruit Baked Fruit Crisp	Hamburg Horseshoe / Cheese Sauce, FF, Sour Cream Green onions Fruit Chef's Dessert	BBQ Ribs Baked Beans Corn F.F. Fruit Cheesecake
			<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
			Broccoli Cheese Soup & 1/2 Ham Salad Sandwich Fruit Variety of Desserts	Spaghetti w/ meatballs Salad Fruit Ice Cream Cone	Chicken Pot Pie Salad everyday Fruit Brownies	½ Baked Sweet Potato Brown Sugar Butter & Soup of the day Fruit Chef's Dessert

White, Wheat, or Rye Bread available at Dinner Meals upon request. Look over the Menu & Please Request Substitutes in Advance**Your Choice of Lettuce Salad, Applesauce, or Cottage Cheese on Tuesday, Thursday, and Sunday at Dinner Meals

JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jan 5	Jan 6	Jan 7	Jan 8	Jan 9	Jan 10	Jan 11
Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
New... Ham & Beans Pineapple Butter Biscuit Pumpkin Pie w/ whipped cream	NEW... Hot Pastrami Sandwich & Swiss Cottage Fries Fruit Layered Banana Split Trifle cake	Beef Stir Fry & Veggie Fried Rice Fruit Blueberry Pie	New.. Chicken & Stuffing Casserole Fruit Carrot Cake cream cheese frosting	Beef Stew w/ potatoes, root veg, celery Butter Biscuit Fruit Dessert Variety	Fried Seafood Basket Clams,butterfly shrimp, white fish Peaches Cheesecake w/ Cherry topping	Prime Rib Roasted Veggies Mashed Potatoes Gravy Fruit Selection of Desserts
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Smoked Polish Sausage,potatoes Onions & peppers Fresh Fruit Chef's Choice Dessert	Pasta w/ Alfredo Sauce & Italian sausage Salad w/ pickled beets Fruit Ice cream cone	Homemade Beef Vegetable Soup & ½ B.L.T Fruit Apple Cake	Cheese Ravioli w/ meat sauce Salad Jello Cookie of the day	New... Pork Tamales Refried Beans, Mexican Rice, salsa & sour cream Fruit Chef's choice Dessert	Hot Open Faced Turkey Sandwich On texas toast w/ gravy, Mashed potatoes & peas Chef's choice Dessert	Chicken & Meatball Soup & ½ Chicken Salad Sand on Slider Fruit Pineapple Pie

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 12	Jan 13	Jan 14	Jan 15	Jan 16	Jan 17
Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<u>Lunch</u> Corned Beef & Cabbage, Onions, Potatoes, carrots Fruit Fruit Pie of the day	<u>Lunch</u> Cherry Glazed Ham Orange Glazed Carrots Mac & Cheese Fruit Blueberry pie	<u>Lunch</u> New Recipe.... Meatloaf wrapped in bacon garlic mashed potatoes Roasted Brussel Sprouts Fruit Chocolate Cannoli cookie	<u>Lunch</u> Stuffed Chicken breast/ Broccoli,cranberry orange sauce Roasted potatoes Mixed Fruit Ice cream bar	<u>Lunch</u> Fried Cod Fish Carrot,apple, Orange Cole Slaw Banana Split layered Dessert w/ poundcake,strawberries, pineapple,walnuts banana & whip cream, choc sauce	<u>Lunch</u> Fried Chicken Corn Fritters Mashed Pot Sautéed Green Beans Fruit Variety of desserts
<u>Supper</u> Italian Sub Sandwich Salami,pepperoni Ham,cheese, tom,cucumber, Red Onion Cottage fries Pudding	<u>Supper</u> Baked White Fish w/Lemon Caper Sauce w/ Cheddar mashed pot steam veggies Chocolate Walnut Cookie	<u>Supper</u> Grilled Chicken Sandwich Bacon, let, tom Mixed berries Chef choice desserts	<u>Supper</u> Baked Potato w/ all the fixins Bacon,cheese, sour cream, green onions Lemon Meringue Pie	<u>Supper</u> Hearty Corn Chowder w/ bacon, onions,potatoes Sweet roll Fresh fruit Chocolate Cake	<u>Supper</u> Orange glazed Chicken Tenders Asian Noodles Baked Apple Cobbler

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JANUARY 2026

Sunday Jan 18	Monday Jan 19	Tuesday Jan 20	Wednesday Jan 21	Thursday Jan 22	Friday Jan 23	Saturday Jan 24
Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<u>Lunch</u> Meat Lasagna Salad Hot roll Hot fudge Sundae	<u>Lunch</u> New.... Baked Ham Loaf W/ Pineapple Sauce Mixed Veggies Roasted Potatoes Fruit Assorted desserts	<u>Lunch</u> New Recipe... New England Shepherd's Pie w/ ground beef, cream corn, onions mash potato & gravy Fruit Dessert Variety	<u>Lunch</u> Oven Roasted Tilapia Cole slaw Onion rings Dessert Variety	<u>Lunch</u> Prime Rib w/ Garlic Mashed Pot Asparagus, Au Jus Fruit Chef choice Pie	<u>Lunch</u> Russian Chicken Scallop potatoes Corn Fruit Ice Cream Treats	<u>Lunch</u> Pot Roast w/ Leeks, Garlic Roasted Red Potato carrots,celery & onion Sweet Roll Pie
<u>Supper</u> <u>Chili Hot Dog</u> Potato salad Fruit Ice cream cone	<u>Supper</u> Chicken Veggie Burger F.F. Fruit in Season Orange Shortbread Cokkies	<u>Supper</u> Spaghetti w/ Meatballs Salad Garlic toast Banana Cream pie	<u>Supper</u> Orange Glazed ginger Chicken Over Rice w/ roasted veggies Fruit Baked Fruit Crisp	<u>Supper</u> Spaghetti & Meatballs Garlic Toast Fruit Variety of desserts	<u>Supper</u> BBQ Shredded Pork Cole Slaw potato chips fruit Cookie	<u>Supper</u> Prime Rib Tips ½ Baked Potato Peas Fruit Lemon Meringue Pie

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JANUARY 2026

Sunday Jan 25	Monday Jan 26	Tuesday Jan 27	Wednesday Jan 28	Thursday Jan 29	Friday Jan 30	Saturday Jan 31
Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<u>Lunch</u> Roast Turkey, stuffing, sweet pot casserole, cranberry sauce Green beans Salad Fruit Pumpkin pie	<u>Lunch</u> New.... Fried Pork Cutlet Braised Red Cabbage, Roasted baby potatoes Baked Apples Cookie	<u>Lunch</u> Stuffed Chicken Thighs Mac & Cheese oven roasted Veggies Ice cream float	<u>Lunch</u> Oven Roasted Salmon Scalloped Potatoes Broccoli & Cauliflower AuGratin Amish Cream Pie	<u>Lunch</u> New..Pork Loin Roast w/ Carmelized Apples Scalloped Potatoes Fruit No Bake Berry Cheesecake	<u>Lunch</u> New... Shrimp Scampi Over pasta Fruit Strawberry Shortcake w/ strawberrysauce, poundcake, & whipped cream	<u>Lunch</u> Fried Chicken New.. Potato Croquettes, Corn Fruit Chocolate Cake
<u>Supper</u> Hot Dog w/ Chili & Cheese Tater Tot Casserole w/Melted cheese Fruit Brownie	<u>Supper</u> Tomato Soup w/ ½ Grilled Cheese sandwich Potato Chips Fruit Hot Cherry Pie w/ Vanilla Ice Cream	<u>Supper</u> Beef Barley Soup & ½ ½ Chicken Salad Sandwich Hummingbird Cake	<u>Supper</u> Baked stuffed Pork Chops Scallop Potatoes Roasted Broccoli w/ garlic Fruit Cookies	<u>Supper</u> New.... Lemon butter Chicken w/smashed potatoes Roasted Brussels Sprouts German Choc Cookie	<u>Supper</u> BBQ Chicken Sliders Cole Slaw Sweet Pot Fries Fruit Pudding	<u>Supper</u> Pizza Vegetable or Pepperoni Fruit Ice cream cone

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WORD SEARCH


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BOOTS
 CELEBRATE
 CHILLY
 COLD
 EARMUFFS
 FREEZE
 FROSTY
 FROZEN
 GLOVES
 HAT
 HOT COCOA
 ICE
 ICICLE
 JANUARY
 NEW YEAR
 RESOLUTIONS
 SCARF
 SKIING
 SLEDDING
 SLIPPERY
 SNOWBALL
 SNOWFLAKE
 SNOWING
 SNOWMAN
 WINTER

JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00 WOMENS GROUP 1:30 GAMES TBA JEREMY 7:00 PRAIRIE MENNONITES ???	2 10:30 Morning Stretch 12:00 Winston 1:30 Keno 4:00 Happy hour w/Larry	3 1:30 Ship captain crew w/ bonnie 6:30 BINGO
4 3:30 Sunday Services 	5 10:30 Morning Stretch 1:30 Bingo	6 1:00 Sensible Hearing 2:00 Walmart	7 10:30 Morning Stretch 6:30 BINGO	8 11:00 WOMENS GROUP 1:30 GAMES TBA JEREMY	9 10:30 Morning Stretch 1:30 Keno	10 1:30 Ship captain crew w/ bonnie 6:30 BINGO

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 1:00 4-h Poultry Club 3:30 NO-Sunday Services 	12 10:30 Morning Stretch 1:30 Bingo	13 9:30 Men's Group 2:00 Walmart	14 10:30 Morning Stretch 1:00 Bible Study 6:30 BINGO	15 11:00 WOMENS GROUP 1:30 GAMES TBA JEREMY 2:30 Library	16 10:30 Morning stretch 1:30 Keno 4:00 Happy Hour w/ Gary	17 1:30 Ship captain crew w/ bonnie 6:30 BINGO
18 3:30 Sunday Services 	19 10:30 Morning Stretch 1:30 Bingo	20 9:30 Men's Group 2:00 Walmart	21 10:30 Morning Stretch 1:00 Bible Study 6:30 BINGO	22 11:00 WOMENS GROUP 1:30 GAMES TBA JEREMY	23 10:30 Morning Stretch 1:30 Keno	24 1:30 Ship captain crew w/ bonnie 6:30 BINGO

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<div>25</div> <div>3:30 Sunday Services</div> <div></div>	<div>26</div> <div>10:30 Morning Stretch</div> <div>1:30 Bingo</div>	<div>27</div> <div>9:30 Men's Group</div> <div>2:00 Walmart</div>	<div>28</div> <div>10:30 Morning Stretch</div> <div>1:00 Bible Study</div> <div>6:30 BINGO</div>	<div>29</div> <div>11:00 WOMENS GROUP</div> <div>1:30 GAMES TBA JEREMY</div>	<div>30</div> <div>10:30 Morning Stretch</div> <div>1:30 Keno</div> <div>4:30 Happy Hour</div>