

# JANUARY



1293 South 34th St. Decatur, IL 62521  
Call Us @ (217) 423-5838

11<sup>th</sup> Doris Bn

18<sup>th</sup> Mary

18<sup>th</sup> Jean

23<sup>rd</sup> Jack L.

27<sup>th</sup> Joan E.

Legends are  
Born in January

Happy Birthday!

HAPPY NEW





# happy new year

The Beauty Shop will be

Closed

Tuesday, January 27<sup>th</sup>

(217) 433-2549

Thanks,  
Shelly

# Health Service

**Sensible**  
**HEARING**  
Better Hearing. Sensibly Priced.

**Tuesday, January 6<sup>th</sup> @ 1:00p**

## Exercises

**Monday ~ Wednesday ~ Friday**

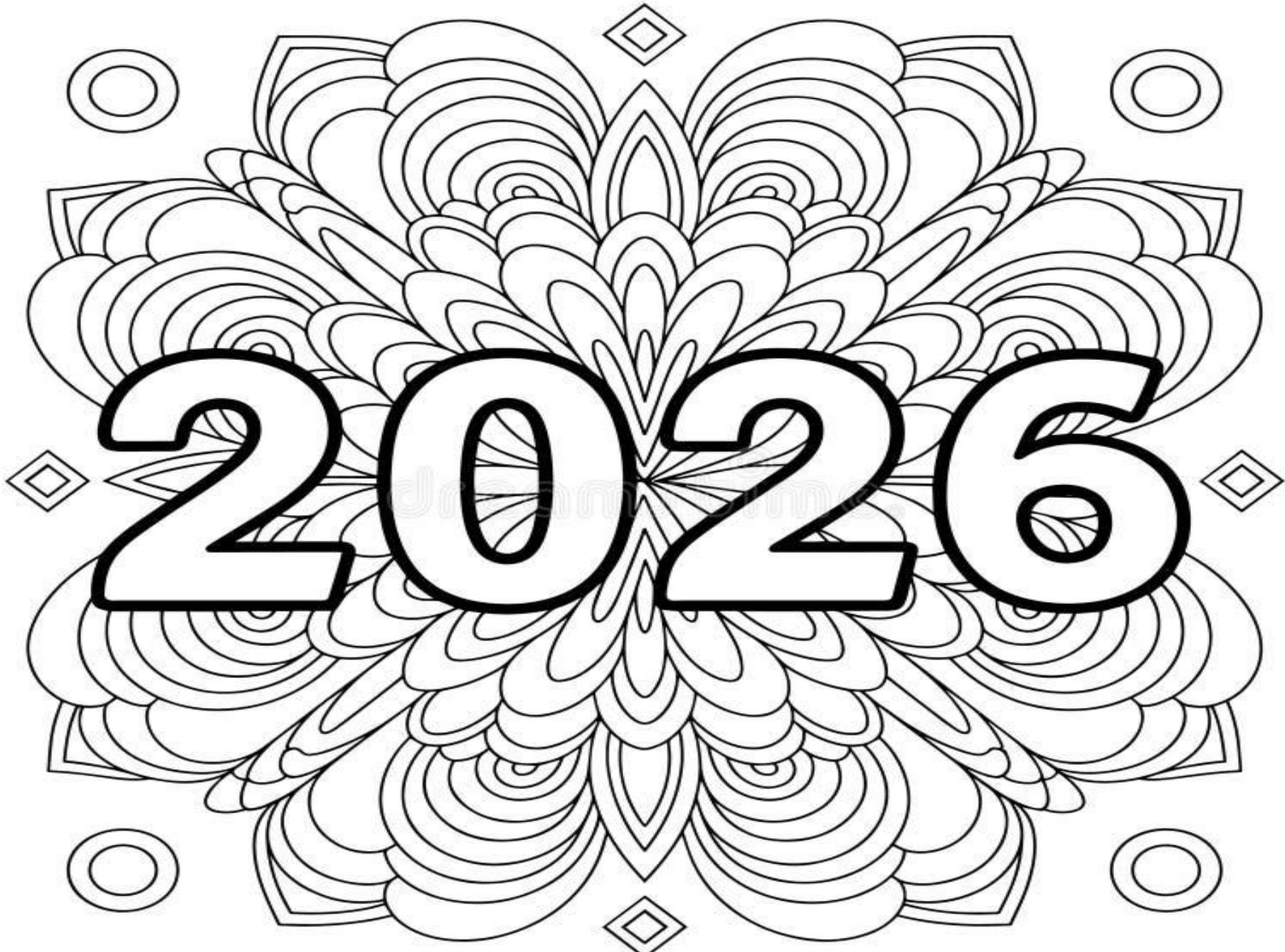
**@ 10:30a**



*Need a Prayer? Do you know someone who does?  
Be sure to hang a request on our PRAYER BOARD!!*

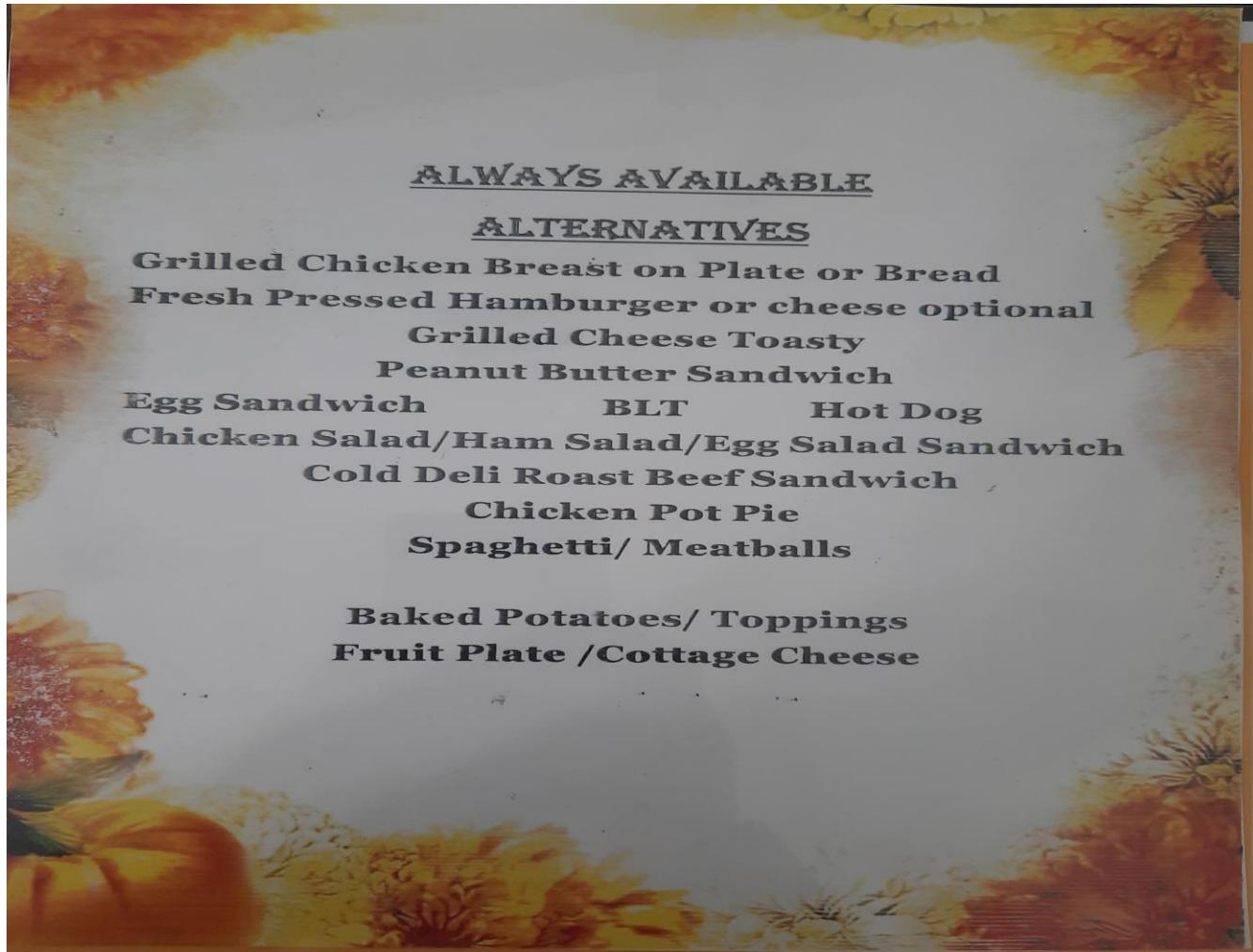
**“And whatever you ask in prayer, you will receive if you have faith.”**

2026





## **MENU *ENTRÉE* SUBSTITUTES**



### **ALWAYS AVAILABLE**

### **ALTERNATIVES**

**Grilled Chicken Breast on Plate or Bread**

**Fresh Pressed Hamburger or cheese optional**

**Grilled Cheese Toasty**

**Peanut Butter Sandwich**

**Egg Sandwich**

**BLT**

**Hot Dog**

**Chicken Salad/Ham Salad/Egg Salad Sandwich**

**Cold Deli Roast Beef Sandwich**

**Chicken Pot Pie**

**Spaghetti/ Meatballs**

**Baked Potatoes/ Toppings**

**Fruit Plate /Cottage Cheese**

**\* *Substitutes are for Entrée only.***

**\*Please be courteous to our WONDERFUL KITCHEN STAFF  
by submitting your request for a substitute,  
*at least 2 hours in advance* of the meal.**

JANUARY 2026

			<b>Thursday Jan 1</b>	<b>Friday Jan 2</b>	<b>Saturday Jan 3</b>	<b>Sunday Jan 4</b>
			<b>Breakfast Varieties</b>	<b>Breakfast Varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
			<b><u>Lunch</u></b>  <b>Beef &amp; Noodles</b> Mixed Veggies  Salad Everyday by request  Sweet roll Fresh Fruit  Variety of Desserts	<b><u>Lunch</u></b>  <b>Meatloaf</b> wrapped w/ bacon, Corn, Mashed Pot Gravy  Fruit  Baked Fruit Crisp	<b><u>Lunch</u></b>  <b>Hamburg</b> <b>Horseshoe /</b> Cheese Sauce, FF, Sour Cream Green onions  Fruit  Chef's Dessert	<b><u>Lunch</u></b>  <b>BBQ Ribs</b>  Baked Beans Corn F.F.  Fruit  Cheesecake
			<b><u>Supper</u></b>  <b>Broccoli Cheese Soup</b> & 1/2 Ham Salad Sandwich  Fruit  Variety of Desserts	<b><u>Supper</u></b>  <b>Spaghetti w/ meatballs</b>  <b>Salad</b>  Fruit  Ice Cream Cone	<b><u>Supper</u></b>  <b>Chicken Pot Pie</b>  Salad everyday  Fruit  Brownies	<b><u>Supper</u></b>  <b>1/2 Baked Sweet Potato</b> Brown Sugar Butter  <b>&amp;</b> <b>Soup</b> of the day  Fruit  Chef's Dessert

White, Wheat, or Rye Bread available at Dinner Meals upon request. Look over the Menu & Please Request Substitutes in Advance\*\*Your Choice of Lettuce Salad, Applesauce, or Cottage Cheese on Tuesday, Thursday, and Sunday at Dinner Meals

JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jan 5	Jan 6	Jan 7	Jan 8	Jan 9	Jan 10	Jan 11
<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u> New..	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
<b>New...</b> <b>Ham &amp; Beans</b> Pineapple Butter Biscuit  Pumpkin Pie w/ whipped cream	<b>NEW...</b> Hot Pastrami Sandwich & Swiss  <b>Cottage Fries</b> Fruit  Layered Banana Split Trifle cake	<b>Beef Stir Fry &amp; Veggie Fried Rice</b>  Fruit  Blueberry Pie	<b>Chicken &amp; Stuffing Casserole</b>  Fruit  Carrot Cake cream cheese frosting	<b>Beef Stew</b> w/ potatoes, root veg, celery  Butter Biscuit  Fruit  Dessert Variety	<b>Fried Seafood Basket</b> Clams, butterfly shrimp, white fish  Peaches  Cheesecake w/ Cherry topping	<b>Prime Rib</b> Roasted Veggies Mashed Potatoes Gravy Fruit  Selection of Desserts
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
<b>Smoked Polish Sausage, potatoes</b> Onions & peppers  Fresh Fruit  Chef's Choice Dessert	<b>Pasta w/ Alfredo Sauce &amp; Italian sausage</b>  Salad w/ pickled beets  Fruit  Ice cream cone	<b>Homemade Beef Vegetable Soup &amp; ½ B.L.T</b>  Fruit  Apple Cake	<b>Cheese Ravioli w/ meat sauce</b>  Salad  Jello  Cookie of the day	<b>New...</b> <b>Pork Tamales</b> Refried Beans, Mexican Rice, salsa & sour cream  Jello  Cookie of the day  Chef's choice Dessert	<b>Hot Open Faced Turkey Sandwich</b> On Texas toast w/ gravy, Mashed potatoes & peas  Chef's choice Dessert	<b>Chicken &amp; Meatball Soup</b> & ½ Chicken Salad Sand on Slider  Fruit  Pineapple Pie

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JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 12	Jan 13	Jan 14	Jan 15	Jan 16	Jan 17
<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b> New Recipe....	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Corned Beef &amp; Cabbage,Onions, Potatoes, carrots</b>	<b>Cherry Glazed Ham</b> Orange Glazed Carrots	<b>Meatloaf wrapped in bacon</b> garlic mashed potatoes Roasted Brussel Sprouts Fruit	<b>Stuffed Chicken breast/</b> Broccoli,cranberry orange sauce Roasted potatoes Mixed Fruit	<b>Fried Cod Fish</b> Carrot,apple, Orange Cole Slaw <b>Banana Split layered Dessert w/</b> poundcake,strawberries, pineapple, walnuts banana & whip cream, choc sauce	<b>Fried Chicken</b> Corn Fritters Mashed Pot Sautéed Green Beans Fruit Variety of desserts
Fruit	Mac & Cheese	Chocolate Cannoli cookie	Ice cream bar		
Fruit	Fruit				
Pie of the day	Blueberry pie				
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
<b>Italian Sub Sandwich</b> Salami,pepperoni Ham,cheese, tom,cucumber, Red Onion	<b>Baked White Fish</b> w/Lemon Caper Sauce w/ Cheddar mashed pot steam veggies	<b>Grilled Chicken Sandwich</b> Bacon, let, tom Mixed berries	<b>Baked Potato w/</b> all the fixins Bacon,cheese, sour cream, green onions	<b>Hearty Corn Chowder</b> w/ bacon, onions,potatoes Sweet roll Fresh fruit Chocolate Cake	<b>Orange glazed Chicken Tenders</b> Asian Noodles Baked Apple Cobbler
Cottage fries	Chocolate Walnut Cookie	Chef choice desserts	Lemon Meringue Pie		
Pudding					

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JANUARY 2026

Sunday Jan 18	Monday Jan 19	Tuesday Jan 20	Wednesday Jan 21	Thursday Jan 22	Friday Jan 23	Saturday Jan 24
Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties	Breakfast varieties
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Meat Lasagna  Salad Hot roll  Hot fudge Sundae	New.... Baked Ham Loaf W/ Pineapple Sauce  Mixed Veggies Roasted Potatoes Fruit  Assorted desserts	New Recipe... New England Shepherd's Pie w/ ground beef, cream corn, onions mash potato & gravy Fruit Dessert Variety	Oven Roasted Tilapia  Cole slaw Onion rings  Dessert Variety	Prime Rib w/ Garlic Mashed Pot Asparagus, Au Jus Fruit  Chef choice Pie	Russian Chicken Scallop potatoes Corn  Fruit  Ice Cream Treats	Pot Roast w/ Leeks, Garlic Roasted Red Potato carrots,celery & onion Sweet Roll Pie
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
<u>Chili Hot Dog</u>  Potato salad  Fruit  Ice cream cone	Chicken Veggie Burger  F.F. Fruit in Season  Orange Shortbread Cokkies	Spaghetti w/ Meatballs  Salad  Garlic toast  Banana Cream pie	Orange Glazed ginger Chicken Over Rice  w/ roasted veggies  Fruit  Baked Fruit Crisp	Spaghetti & Meatballs  Garlic Toast  Fruit  Variety of desserts	BBQ Shredded Pork  Cole Slaw  potato chips  fruit  Cookie	Prime Rib Tips ½ Baked Potato Peas  Fruit  Lemon Meringue Pie

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JANUARY 2026

Sunday Jan 25	Monday Jan 26	Tuesday Jan 27	Wednesday Jan 28	Thursday Jan 29	Friday Jan 30	Saturday Jan 31
<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>	<b>Breakfast varieties</b>
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Roast Turkey, stuffing, sweet pot casserole, cranberry sauce Green beans	New.... Fried Pork Cutlet  Braised Red Cabbage, Roasted baby potatoes	Stuffed Chicken Thighs  Mac & Cheese oven roasted Veggies  Ice cream float	Oven Roasted Salmon  Scalloped Potatoes Broccoli & Cauliflower AuGratin  Amish Cream Pie	New..Pork Loin Roast w/ Carmelized Apples  Scalloped Potatoes Fruit  No Bake Berry Cheesecake	Shrimp Scampi Over pasta  Fruit  Strawberry Shortcake w/ strawberrysauce, poundcake, & whipped cream	Fried Chicken New.. Potato Croquettes, Corn  Fruit  Chocolate Cake
Salad	Baked Apples					
Fruit	Cookie					
Pumpkin pie						
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Hot Dog w/ Chili & Cheese	Tomato Soup w/ ½ Grilled Cheese sandwich	Beef Barley Soup & ½ ½ Chicken Salad Sandwich	Baked stuffed Pork Chops  Scallop Potatoes  Roasted Broccoli w/ garlic  Fruit  Cookies	New.... Lemon butter Chicken w/smashed potatoes  Roasted Brussels Sprouts  German Choc Cookie	BBQ Chicken Sliders  Cole Slaw  Sweet Pot Fries  Fruit  Pudding	Pizza Vegetable or Pepperoni  Fruit  Ice cream cone
Tater Tot Casserole w/Melted cheese	Potato Chips	Hummingbird Cake				
Fruit	Fruit					
Brownie	Hot Cherry Pie w/ Vanilla Ice Cream					

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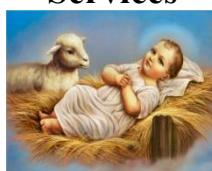


## WORD SEARCH

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BOOTS	CELEBRATE
CHILLY	COLD
EARMUFFS	FREEZE
FROSTY	FROZEN
GLOVES	HAT
HOT COCOA	ICE
ICICLE	JANUARY
NEW YEAR	RESOLUTIONS
SCARF	SKIING
SKIING	SLEDDING
SLIPPERY	SNOWBALL
SNOWBALL	SNOWFLAKE
SNOWFLAKE	SNOWING
SNOWING	SNOWMAN
SNOWMAN	WINTER

# JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 11:00 <b>WOMENS GROUP</b> 1:30 <b>GAMES TBA</b> <b>JEREMY</b> <b>7:00</b> <b>PRAIRIE</b> <b>MENNOMITES</b> <b>???</b>	<b>2</b> 10:30 <b>Morning Stretch</b> <b>12:00</b> <b>Winston</b> 1:30 <b>Keno</b> 4:00 <b>Happy hour</b> w/Larry	<b>3</b> 1:30 <b>Ship captain crew</b> <b>w/ bonnie</b> 6:30 <b>BINGO</b>
<b>4</b> 3:30 <b>Sunday Services</b> 	<b>5</b> 10:30 <b>Morning Stretch</b> 1:30 <b>Bingo</b>	<b>6</b> 1:00 <b>Sensible Hearing</b> 2:00 <b>Walmart</b>	<b>7</b> 10:30 <b>Morning Stretch</b> 6:30 <b>BINGO</b>	<b>8</b> 11:00 <b>WOMENS GROUP</b> 1:30 <b>GAMES TBA</b> <b>JEREMY</b>	<b>9</b> 10:30 <b>Morning Stretch</b> 1:30 <b>Keno</b>	<b>10</b> 1:30 <b>Ship captain crew</b> <b>w/ bonnie</b> 6:30 <b>BINGO</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>11</b> <b>1:00</b> <b>4-h Poultry Club</b>  <b>3:30</b> <b>NO Sunday Services</b> 	<b>12</b> <b>10:30</b> <b>Morning Stretch</b>	<b>13</b> <b>9:30</b> <b>Men's Group</b>	<b>14</b> <b>10:30</b> <b>Morning Stretch</b>  <b>1:00</b> <b>Bible Study</b>  <b>6:30</b> <b>BINGO</b>	<b>15</b> <b>11:00</b> <b>WOMENS GROUP</b>  <b>1:30</b> <b>GAMES TBA JEREMY</b>  <b>2:30</b> <b>Library</b>	<b>16</b> <b>10:30</b> <b>Morning stretch</b>  <b>1:30</b> <b>Keno</b>  <b>4:00</b> <b>Happy Hour w/ Gary</b>	<b>17</b> <b>1:30</b> <b>Ship captain crew w/ bonnie</b>  <b>6:30</b> <b>BINGO</b>
<b>18</b> <b>3:30</b> <b>Sunday Services</b> 	<b>19</b> <b>10:30</b> <b>Morning Stretch</b>  <b>1:30</b> <b>Bingo</b>	<b>20</b> <b>9:30</b> <b>Men's Group</b>	<b>21</b> <b>10:30</b> <b>Morning Stretch</b>  <b>1:00</b> <b>Bible Study</b>  <b>6:30</b> <b>BINGO</b>	<b>22</b> <b>11:00</b> <b>WOMENS GROUP</b>  <b>1:30</b> <b>GAMES TBA JEREMY</b>	<b>23</b> <b>10:30</b> <b>Morning Stretch</b>  <b>1:30</b> <b>Keno</b>	<b>24</b> <b>1:30</b> <b>Ship captain crew w/ bonnie</b>  <b>6:30</b> <b>BINGO</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>25</b> 3:30 <b>Sunday Services</b> 	<b>26</b> 10:30 <b>Morning Stretch</b>  1:30 <b>Bingo</b>	<b>27</b> 9:30 <b>Men's Group</b>  2:00 <b>Walmart</b>	<b>28</b> 10:30 <b>Morning Stretch</b>  1:00 <b>Bible Study</b>  6:30 <b>BINGO</b>	<b>29</b> 11:00 <b>WOMENS GROUP</b>  1:30 <b>GAMES TBA JEREMY</b>	<b>30</b> 10:30 <b>Morning Stretch</b>  1:30 <b>Keno</b>  4:30 <b>Happy Hour</b>